

# Support

**Pre-deployment briefings** are every other Wednesday at 0800 at the DCC (mandatory for deploying service member). Spouses are welcome to attend, or can come to the M&FRC for more information. Virtual briefings can be scheduled at: <https://bookhfmfrc.timetap.com>

We have various pamphlets, pocket guides, activity booklets (and more!) to help Airmen and families prepare for and cope with **Emergency Preparedness, Deployments, and Reintegrations.**

### Additional M&FRC Programs:

- Air & Space Force Aid Society
- EFMP - Family Support
- Employment Assistance
- Commander's Key Support Program
- Financial Readiness
- Volunteer Program

### Other Helpful Resources:

- Chapel: 884-7795
- Family Advocacy: 881-5061
- Health & Wellness Center: 884-4292
- Legal: 884-7821
- Medical Appt Line: 881-1020
- Mental Health: 881-4237
- Military One Source: 800-342-9647
- Suicide Prevention Line: 988
- Sexual Assault Response Coordinator: 884-7272

### Hurlburt Field M&FRC

220 Lukasik Ave  
Hurlburt Field, FL 32544  
850-884-5441/5442

### NCOIC, Personal & Family Readiness

MSgt Chad Gaudiosi  
850-884-6797  
chad.gaudiosi@us.af.mil

### Unit Key Support Liaison(s):

---



---



---



---

### Unit First Sergeant:

---



---

### Notes:

---



---



---



---



---



---



---



---

Hurlburt Field

# Hearts Apart Program

*Connecting with Families through Events and Services*



**Join our private Facebook Group:**

**Hurlburt Field Hearts Apart**

(scan the QR code below)



## Operation DEMO

### Discovering & Exploring Military Operations

Every other month we host a special **FREE** event for deployed-affected families.

These events are designed to show children the equipment and training their parent may experience during the deployment cycle. Events include hands-on fun, demonstrations and a chance to ask questions. Join our private FB group to learn about the events.

## Childcare Options

### Give Parents a Break

\$40 per month per child for childcare on or off base. For more information, go to [myhurlburt.com/mfrc](http://myhurlburt.com/mfrc) and view the Personal & Family Readiness for Deployment section or give us a call!

### Pre-Deployment, Deployment, & Return Home Care

The Expanded Child Care Program provides military families with 16 hours of pre-deployment, 16 hours each month during deployment, and 16 hours of post-deployment care, per child, in an Family Child Care (FCC) provider's home. Service member or spouse must fill out an application and return to the FCC Coordinator. For more info, call the FCC office at 884-4300.

### Respite Care

If you have a child with special needs, respite care may be available through the AF. NOTE: Referral basis only; please contact EFMP coordinator at 884-6830/8819.

## Other Programs

### Handmade Cards

Come to M&FRC to choose a pack of handmade cards for various occasions . . . Lovingly made and donated by the 193 SOW out of Harrisburg, PA.

