

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>Lunch</b> Chicken Florentine - \$2.50 Italian Broccoli Pasta - \$1.70 Stuffed Baked Pork Chops - \$1.95  <b>Dinner</b> Greek Lemon Turkey Pasta - \$1.50 Savory Baked Chicken - \$1.80 Oven Fried Fish – \$1.95
<b>2</b> <b>Lunch</b> French Fried Shrimp - \$4.50 Hot and Spicy Chicken - \$2.25 Ziti w/ Meat sauce - \$1.30  <b>Dinner</b> Beef Stir Fry - \$2.00 Baked Stuffed Fish - \$2.05 Chicken Bulgogi - \$2.20	<b>3</b> <b>Lunch</b> Turkey Lentil Chili - \$0.50 Shrimp Jambalaya - \$2.65 Southern Fried chicken - \$1.70  <b>Dinner</b> Baked Dijon Pork Chop - \$1.85 Chili Mac \$1.00 Lemon Pepper Catfish - \$2.75	<b>4</b> <b>Lunch</b> Roast Beef - \$2.60 Chicken Cordon Bleu - \$2.55 Pasta Primavera \$0.80  <b>Dinner</b> Turkey Nuggets - \$1.95 Beef and Corn Pie - \$1.75 Bourbon Chicken - \$2.50	<b>5</b> <b>Lunch</b> Chicken Kabob - \$2.25 Pepper Steak - \$2.30 Cheese Manicotti – \$1.65  <b>Dinner</b> Sweet & Spicy Orange Chicken - \$4.00 Cheese Tortellini w/ Marinara - \$1.00 Steak Ranchero - \$2.75	<b>6</b> <b>Lunch</b> Beef Brogul - \$2.25 Pork Schnitzel - \$2.00 Fish Onion-Lemon Baked - \$5.00  <b>Dinner</b> Almond Crusted Cod - \$4.75 Hamburger Yakisoba - \$1.75 Cranberry Glazed Chicken - \$2.30	<b>7</b> <b>Lunch</b> Turkey Spinach Meatloaf –\$1.65 Marinated Tomatoes w/ Penne and Basil- \$1.00 Pineapple BBQ Meatballs- \$1.85  <b>Dinner</b> Baked Florentine \$1.80 Chicken Enchilads- \$1.85 BBQ Beef Cubes- \$2.00	<b>8</b> <b>Lunch</b> Swiss Steak w/Brown Gravy - \$2.75 Stuffed Green Peppers w/ Turkey and Lentils - \$1.25 Tuna Noodles – \$1.10  <b>Dinner</b> Lasagna - \$1.65 Chicken Cacciatore - \$2.25 Italian Broccoli Pasta - \$1.70
<b>9</b> <b>Lunch</b> Grilled Honey Sriracha Chicken - \$2.50 Chili Mac - \$1.00 Shrimp Chop Suey - \$3.50  <b>Dinner</b> Jamaican Chicken - \$2.00 Braised Spareribs - \$2.75 Sweet & Spicy Orange Salmon - \$4.00	<b>10</b> <b>Lunch</b> Turkey Ala King - \$1.15 Country Style Fried Steak - \$2.00 Baja Baked Cod - \$4.00  <b>Dinner</b> Swedish Meatballs - \$2.00 Polynesian Fillet - \$2.15 Steak Smothered in Onions - \$2.75	<b>11</b> <b>Lunch</b> Oriental Pepper Steak - \$2.30 Chicken Parmesan - \$2.55 Baked Fish w/Lemon Garlic Butter - \$2.00  <b>Dinner</b> Pork Roast Tenderloin - \$1.25 Savory Baked Chicken - \$1.80 Cajun Baked Fish - \$2.30	<b>12</b> <b>Lunch</b> Basil Baked Fish – \$2.00 Turkey Breast fillet - \$1.80 Pasta Provencal - \$0.80  <b>Dinner</b> Baja Fish Taco - \$5.00 Baked Mex Chicken \$2.00 Beef Stir Fry - \$2.00	<b>13</b> <b>Lunch</b> Spicy catfish Poboy - \$3.00 Grilled Pork Chops - \$1.50 Cajun Meatloaf - \$1.95  <b>Dinner</b> Fish Onion-Lemon Baked - \$5.00 Simmered Beef - \$2.50 Cajun Chicken - \$2.45	<b>14</b> <b>Lunch</b> Baked Dijon Pork Chop - \$1.85 Spinach Lasagna - \$1.30 Baked Florentine Turkey Roulade - \$1.35  <b>Dinner</b> Baked Salmon - \$4.60 Pineapple BBQ Meatballs - \$1.40 Honey Mustard Chicken Breast - \$2.35	<b>15</b> <b>Lunch</b> Roast Turkey - \$1.90 Cheese Tortellini w/ Marinara - \$1.00 Stuffed Green Peppers \$1.65  <b>Dinner</b> Turkey & Spinach Meatloaf - \$1.25 Crispy Oven Baked Chicken - \$2.25 Parmesan Fish - \$2.50
<b>16</b> <b>Lunch</b> Baked Chicken - \$2.00 Southwestern Shrimp Linguine \$3.50 Beef Bulgogi - \$2.00  <b>Dinner</b> Honey Ginger Chicken - \$2.25 Salisbury Steak- \$1.65 Cheese Manicotti \$1.65	<b>17</b> <b>Lunch</b> Creole Fish Fillets - \$2.10 Stir Fry Chicken w/ Broccoli - \$3.15 Teriyaki Steak - \$7.25  <b>Dinner</b> Chicken Ala King - \$2.00 Baked Fish - \$2.00 Pasta Primavera - \$0.80	<b>18</b> <b>Lunch</b> Southwestern Sweet Potatoes Blk Beans & Corn - \$0.80 Simmered Beef - \$2.50 Almond Crusted Cod - \$4.75  <b>Dinner</b> Spaghetti w/ Turkey Meat sauce - \$0.85 Baked Fish w/ Lemon Garlic Butter - \$2.00 Stir Fried Garden Veg w/ Tofu & Brown Rice - \$1.00	<b>19 MONGOLIAN BBQ</b> <b>Lunch</b> Mongolian BBQ - \$4.00 Chili Mac - \$1.00 Basil Baked Fish - \$2.00 Teriyaki Chicken - \$2.00  <b>Dinner</b> Pork Roast Tenderloin - \$1.25 Baja Baked Cod - \$4.00 Pasta Provencal - \$0.80	<b>20</b> <b>Lunch</b> Shrimp Kabob - \$2.00 Ginger BBQ Chicken - \$2.50 Lemon Basil Pasta - \$1.00  <b>Dinner</b> Marinated Tomatoes w/ Penne - \$0.75 Southern Fried Catfish - \$2.75 Sweet Chili BBQ Meatballs - \$1.40	<b>21</b> <b>Lunch</b> Honey Mustard Chicken Breast - \$2.35 Ziti w/ Meat sauce - \$1.30 Baked Fish - \$2.00  <b>Dinner</b> Hot & Spicy chicken - \$2.25 Pasta Toscano \$1.45 Cantonese Spareribs - \$2.75	<b>22</b> <b>Lunch</b> Polish Sausage - \$1.15 Baked Salmon - \$4.60 Hamburger Yakisoba - \$1.75  <b>Dinner</b> Roast Beef - \$2.60 Shrimp Scampi - \$4.75 German chicken schnitzel - \$2.50
<b>23</b> <b>Lunch</b> Santa Fe Glazed Chicken - \$2.75 Baked Dijon Pork Chops - \$1.85 Beef Ball Stroganoff - \$1.45  <b>Dinner</b> Salmon w/ Maple Ginger Glaze - \$5.10 Stuffed Green Peppers w/ Turkey & Lentil - \$1.25 Pasta Primavera - \$0.80	<b>24</b> <b>Lunch</b> Cheese Tortellini w/ Marinara - \$1.00 French Fried Shrimp - \$4.50 Bourbon Chicken - \$2.50  <b>Dinner</b> Beef Pot Pie - \$2.25 Lemon Baked Fish - \$5.50 Herbed Baked Chicken - \$2.25	<b>25</b> <b>Lunch</b> Caribbean Catfish - \$3.00 Jerk Roast Turkey - \$1.85 Stuffed Green Peppers - \$1.65  <b>Dinner</b> Southwestern Sweet Potatoes Blk Beans & Corn - \$0.80 Beef Stew - \$2.25 Chicken Breast Dijon - \$2.50	<b>26</b> <b>Lunch</b> Baked Fish - \$2.00 Meat Loaf - \$1.65 Baked Chicken - \$2.00  <b>Dinner</b> BBQ Beef Cubes - \$2.50 Southwestern Fish - \$1.90 Grilled Pork Chops - \$1.50	<b>27</b> <b>Lunch</b> Lemon Basil Shrimp Pasta - \$3.50 Mambo Pork Roast - \$1.65 Grilled Chicken w/ Mustard Sauce - \$2.50  <b>Dinner</b> Grilled Steak - \$7.00 Roast Turkey - \$1.90 Mediterranean Salmon - \$4.85	<b>28</b> <b>Lunch</b> Honey Ginger Chicken - \$2.25 Grilled Salmon w/ Citrus Butter - \$4.85 BBQ Brisket - \$1.75  <b>Dinner</b> Crispy Oven Baked Chicken - \$2.25 Roast Beef - \$2.60 Parmesan Crusted Cod - \$4.75	

