

September 2022

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MY HURLBURT

# Life

MAGAZINE

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1 SOFSS "KRAKEN"  
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**\$100**

SEE PAGE 5 FOR  
DETAILS



INNOVATE • ACCELERATE • THRIVE



**15-16 SEPTEMBER**

POW/MIA 24-HOUR VIGIL RUN  
ADERHOLT FITNESS CENTER TRACK

**17 SEPTEMBER**

75TH AIR FORCE BIRTHDAY GOLF FEST  
GATOR LAKES GOLF COURSE

**28 OCTOBER**

2022 FALL FEST  
LIL' COMMANDO PARK



# AIR FORCE BIRTHDAY GOLF FEST

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**SATURDAY**  
**17 SEPTEMBER**  
**8AM SHOTGUN**



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MY HURLBURT

# Life

MAGAZINE



INNOVATE • ACCELERATE • THRIVE



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Issue No. 33

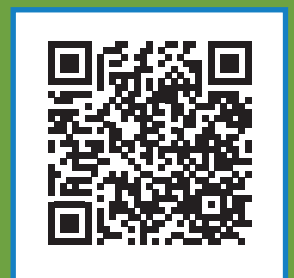
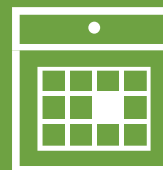
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## Event Calendar

For the latest 1 SOFSS events and activities, scan the QR Code with your camera on your smart phone and tap the link.

<https://www.myhurlburt.com/pages/fsscalendar.html>



# GATHER THE BACKPACK

— crossword puzzle —



ANSWER:

- 1.Knife 2.Flashlight 3.Rope 4.Kettle 5.Lantern
- 6.Binoculars 7.Kit 8.Thermos 9.Map
- 10.Compass 11.Hat 12. Matches

# BACK to SCHOOL

F E K S B O O K S V P X X R  
 K P A U R R E A D I N G A S  
 S S E B M O N U X L I Y P S  
 T J H J W R I T I N G M A P  
 U A F E N Y S C H O O L P I  
 D F Y C E P N M A T H X E O  
 E R N T N E Y H S S H Q R Z  
 N I Q S P M G O H C U K M G  
 T E N F F Q Z M U I J J G R  
 S N T E A C H E R E L H K A  
 E D U D E S K W B N W P J D  
 Q S S S G Z O O J C Z C I E  
 L I B R A R Y R H E S X D S  
 Q X F U Y C H K Y A S S Y G

- |          |         |         |          |
|----------|---------|---------|----------|
| GRADES   | SCIENCE | BOOKS   | PENCIL   |
| WRITING  | DESK    | READING | HOMEWORK |
| MATH     | TEACHER | FRIENDS | SCHOOL   |
| STUDENTS | PAPER   | LIBRARY | SUBJECTS |

# FUN PAGE



# 1 SOFSS THE FUN SQUADRON!



FOLLOW or LIKE **Hurlburt Force Support** and our other facility Facebook pages:

- Hurlburt Field Library
- Hurlburt Fitness Center
- Hurlburt Field Outdoor Recreation
- Hurlburt Field Community Center
- Hurlburt Field Child & Youth
- Hurlburt Field Airman and Family Readiness Center
- The Soundside on Hurlburt Field
- Hurlburt Information, Tickets & Travel
- Gator Lakes Golf Course, Hurlburt Field
- Hurlburt Field NAF HR
- Hurlburt Field Aquatic Center
- Hurlburt Field Bulletin and Events



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ON THE WEB  
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FIND FUN WITH US ON  
SOCIAL MEDIA, THE WEB,  
E-NEWSLETTER  
AND THE MONTHLY MAGAZINE

DOD REGULATION - GPC OR SELF PAY

# OFFICIAL PHOTOS

- CEREMONIES
- RETIREMENTS
- DEPLOYMENTS
- WEDDINGS
- PORTRAITS
- REUNIONS
- PARTIES

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[studio@exceptionalphotography.net](mailto:studio@exceptionalphotography.net)

Book your appointment online at

[www.active-dutyphotos.com](http://www.active-dutyphotos.com)

## ANOTHER WAY TO WIN WITH YOUR 1 SOFSS - FIND THE MISSING KRAKEN & WIN A \$100 GIFT CARD!

1 SOFSS is searching for its **Kraken**. Find it inside this My Hurlburt Life magazine, email its location to [myhurlburtlife@gmail.com](mailto:myhurlburtlife@gmail.com) subject "Kraken" no later than 25th of the current month and you could win a \$100 FSS gift card. \*Must be 18 or older and be a valid DoD ID cardholder.



**Hint!**  
The hidden Kraken  
is much smaller  
than this size

# innovate innovate innovate innovate

## WE ARE NOW "UNDER COVER"

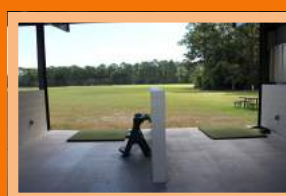
Article by Emily MacDonald | Layout by Deborah Ledbetter

Let me start by saying, I am a non-golfer. That said, I enjoy tagging along with my husband and his friends when they golf, as I get to drive around the golf cart! I interviewed Mr. Jason Woodling, the facility manager of Gator Lakes Golf Course, and we talked about exciting and new features coming soon to Gator Lakes. If you are like me and don't know much about golf and is thinking about picking it up as a hobby, or you are a seasoned golfer who wants to hear the latest updates, keep reading and discover what's new!

You may wonder, why should I bother going to Gator Lakes Golf Course? There is plenty more around the area, what makes Hurlburt so special? Well, let me tell you! Gator Lakes prides itself on its luscious greens, fun and challenging course, and the layout of its wide fields. On the course, you are surrounded by nature, with no housing or buildings to distract you from being at the top of your game. Don't look now! You may even spot a gator or two on the course! The golf course terrain is flat and devoid of any tripping hazards, whereas other courses may have hills and dips that

golfers may find annoying or harmful. Gator Lakes is happy to provide a fun and challenging course, where beginners and pros alike can enjoy their day out in the sun. We host many golf tournaments and events that happen throughout the year, for all age groups! Keep an eye on myhurlburt.com under Gator Lakes Golf Course, or find us on Facebook to see the latest Golf Course schedules and find an activity that fits best for you!

Have you seen our new covered driving range? Featuring 8 driving stalls and covered by a tall and open cover, you are able to bring friends and family out for a fun day of just practicing your swing, no matter the weather! During the summer season when it is hot and humid, swinging under the covered driving range gives you the perfect shade to hide from the sun, while also allows a cool breeze flowing through. As the sun goes down and the nighttime is on the horizon, the high floodlights turn on and they shine bright onto the course, letting you stay out late and golf to your heart's content. There is comfortable seating available with plug-ins located in each area.



You may not know this, but Gator Lakes offers FlingGolf sticks! If you struggle big time with hitting the ball off the tee and making the ball soar through the sky, using a FlingGolf stick might be a better alternative for you! What this offer is the ability to throw the golf ball with your stick, the same way one would do it in lacrosse! You won't have to worry about carrying around a huge set of golf clubs, or having to buy a new set every other season! All you need is a single FlingGolf stick and you are ready to play! The next time you are out with friends or family on the course, and you are worried about not hitting the golf ball, give FlingGolf a try, you may discover golf that works for you!

Do you ever have that problem when you hit the golf ball, and it goes flying so far that you have a difficult time tracking where it has gone? Gator Lakes plans to be offer new technology in coming seasons that will change the game of golf! This advanced technology will be a new and

improved way of seeing all the details that come with hitting your golf ball; you will be able to see valuable insights like how far, how fast, and where your shot went! No more having to worry about missing the ball landing because the sun shines in your eyes!

Gator Lakes puts the FUN in FUNdraising! Make up to \$2,500 or more hosting a fundraising event, and earn \$5 more per player when you book your fundraiser! Give them a call to receive more information. There are so many new additions to the course which opportunities to enjoy the game of golf. Whether you choose to use the covered driving range or check out the FlingSticks, Gator Lakes strives to accelerate ahead by offering innovative and cutting-edge technology at affordable prices. Grab your clubs, put on your most comfortable golf gear, and to make reservations, give Gator Lakes a call today at (850) 881-2251



# Gator Lakes Golf Course

403 Walkup Way, Bldg 91300 | (850) 881-2251  @GatorLakes



**GATOR LAKES PUTS THE FUN IN FUNDRAISING!**

**MAKE UP TO \$2,500 OR MORE HOSTING A FUNDRAISING EVENT**

**EARN \$5 MORE PER PLAYER WHEN YOU BOOK YOUR FUNDRAISER ON A MONDAY**

**AIR FORCE GOLF**  
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SWING  
LAUGH  
HIGH-FIVE  
& HAVE FUN

**ONLY \$99 PER SESSION**

**SESSION TIMES**  
5-6:30PM

**SESSION DATES**  
MAY 16-20  
JUNE 20-24  
JULY 18-22  
AUGUST 22-26  
SEPTEMBER 12-16

SIGN-UP TODAY!  
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MYHURLBURT.COM

GET INTO THE SWING AND START ENJOYING GOLF TODAY!

DATES SUBJECT TO CHANGE

**AIR FORCE GOLF**  
GATOR LAKES GOLF COURSE

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# SEPTEMBER DEALS

# FOCUS



# DIGITAL CONNECTION

(must present membership card to redeem)  
\*Rules apply, register for FOCUS to receive full details

## Accelerate

*YOUR morning and SHARE the WARMTH with a friend!*

Buy One



Get One FREE



Join us for an **ACCELERATED** September **FOCUS Deal** at our Kraken Kafé coffee shop- **Buy One Get One FREE** menu beverage get one of equal or lesser value **FREE** the entire month of September. Excludes grab-n-go beverages.

*One BOGO per FOCUS cardholder, per day in September 2022. Not to be combined with other offers. Must present FOCUS card or image of card on phone to receive discount.*

**Kraken Kafé**  
424 Cody Avenue

## HURLBURT'S FOCUS MONTHLY REWARDS & GIVEAWAYS



Scan QR Code to Join FOCUS

### DETAILS AND HOW TO JOIN

Must be a card-holding member under current program for all FOCUS deals. New deals offered monthly as well as a quarterly drawing for a \$250 Gift Card! Joining is free and simple, Scan QR Code, or TEXT 150FSSF0CUS to 95577 and complete the registration form.



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**MY HURLBURT HAPPENINGS**

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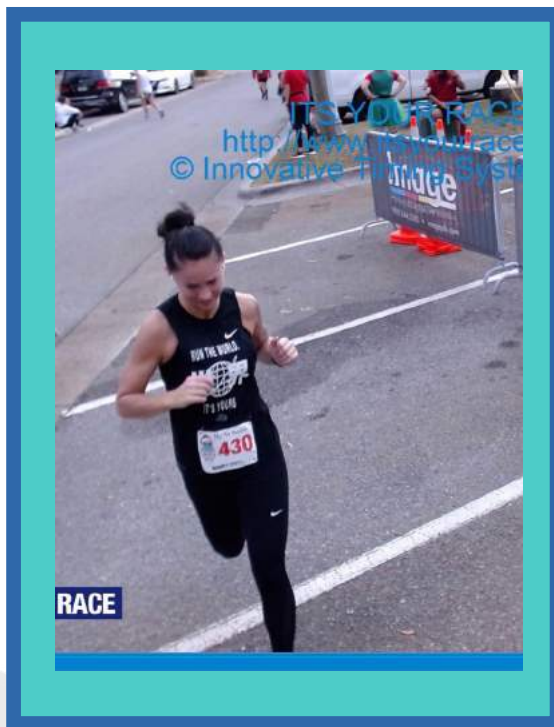
(850) 884-4252 | Mon-Fri: 8am-4pm  
Force Support Squadron Marketing

# Accelerate Training

for a

1/2

# MARATHON



We reached out to an individual prepping for a half marathon to give us some insight on what it takes to reach optimum readiness.

Contributed by Angie Trusikova  
Layout by Deborah Ledbetter



I have been running for approximately 6 years and have definitely increased my distance and time. I began working out because I wasn't happy with my appearance and the way I felt. I wanted to be healthy but had no idea how to train, eat or use supplements. I wasn't even sure if I needed supplements but I recall hearing people talk about it in the gym and how it increased their performance. I joined group exercise classes as it kept me in check with my workout partners. We held each other accountable

and once I saw results after a few months I knew I was hooked. Clothes were feeling loose and I had more energy. I started to run with a friend and really started to see my body change. From 2 miles to ½ marathons I enjoyed the challenge. I increased my distance each week setting new goals and eventually mixed short and long days. Distance is not for everyone, I have not ran a marathon and really don't have a craving for that distance but I do enjoy being outside and breathing fresh air. Running programs can start

with a walk and lead into a run. HIIT classes are also a great way to supplement your workout with cardio and strength. The most important factor is to stay healthy and prevent injuries by ensuring you have proper shoes and support. As for supplements, I stay natural and focus on eating healthy when I can. Look for 5Ks in your area and sign up with a friend. The buddy system is a great way to hold each other accountable or when joining a running club.  
- Angie Trusikova, age 34



LET US NEVER FORGET

# TRIBUTE ON THE WALK OF HONOR

Order a customized brick to honor the military service and sacrifice of family and friends. Place a brick in recognition of a unit in which you served. The bricks in the Walk of Honor pave the walkway to the Wall South, a permanent half-size replica of the Vietnam Veterans Memorial.

Give a brick as the perfect gift to pay honor and respect to the legacy of those who have served our nation in the Armed Forces. Your support of the Walk of Honor will help with the care and preservation of Veterans Memorial Park. Order your bricks today!

## How it Works

- Select your desired size with the buttons below.
- Your Inscription information will be collected at checkout.
- We'll send you a confirmation email



Order online:

[veteransmemorialparkpensacola.org](http://veteransmemorialparkpensacola.org)

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### Upcoming Park Events

# Veterans Day Celebration

Veterans Memorial Park, Pensacola

# 11.11.22

9:00 AM EXHIBITS OPEN 11:00 AM CEREMONY BEGINS

Performances by The Pensacola Civic Band & Blue Anchor Belles



Keynote Speaker

Dale Dye,  
Actor & U.S. Marine



Buy a Brick

Small Bricks 4" X 8"

**\$125**

Large Bricks 8" X 8"

**\$250**



Scan to download a PDF Order Form



## Surviving and Thriving through the Winter BLAHS

Article by Melanie Lerman | Layout by Deborah Ledbetter

**A**s the Air Force celebrates its 75th Anniversary and gives homage to how Air Force members Innovate, Accelerate and Thrive, we at 1 SOFSS decided to review how we contribute to this theme, as well as what else we can do to assist our Airmen, Guardians, DoD Civilians, local retirees, and family members. We discussed how in the coming months temperatures lower

(I know, it is Florida, but one never knows!), the days become shorter, the skies are often drearier, and the holidays have potential to drum up different feelings dependent on one's life experiences. This article explores ways to combat these winter blahs and incorporates suggestions from wellness practices, to programs, and services offered here on Hurlburt Field.

Continued on pg 15



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There are several basic ideas we want to remind you of because we all fall short of self-care from time to time, as well as, some creative ways to Beat the Winter BLAHs!

- **EAT HEALTHY** – A diet rich with lean protein, healthy fats, and complex carbohydrates can lead to increased energy, and better moods. Flax seeds, walnuts and salmon are high in omega-3 fatty acids which have been shown to help combat mild symptoms of depression. Encounter regular stress? Berries can help the body prevent the release of cortisol in stressful situations. Pop them in a baggie for daily snacking or try them frozen in smoothies. There are so many more ways food can help your mood, if you think your diet may be off-track contact the base Health and Wellness Center/HAWC (884-4292) for some guidance. When looking to make better food choices while eating on base, look for the GREEN LEAF on our menus at Spare Time Grill, Kraken Kafe, Velocity Café, and The Oasis Café!
- **SLEEP WELL** – If you sleep too much or too little, it's simple, talk to your doctor. Underlying conditions may exist and some of them have manageable solutions.
- **GET SOME LIGHT** – Sit by a window when you read or get outside to absorb some sunlight, not only will you take in some Vitamin D, sunlight can also help promote healthy sleep rhythms.
- **PICTURE A POSITIVE FUTURE** – Worry breeds stress and anxiety where picturing the things in life which bring you peace and joy can create positive chemical and emotional responses in your body and contribute to your overall well-being. Head to the Hurlburt Library (884-6266) and inquire about Wellness related materials and the power of positive thinking to learn more about how to put this type of thinking into practice.
- **VOLUNTEER** – Helping others can improve your mental health and general satisfaction. The team at the M&FRC (previously A&FRC 884-5441) can connect you with volunteer opportunities!
- **DRINK WARM BEVERAGES** – You know, that cozy, warm, calming effect that comes from sipping a soothing warm drink with aromas of cinnamon, citrus, cloves, or the much-debated pumpkin spice! The Kraken Kafe (884-4045) may have just the right warm treat to help you ease into a day in the office or with the kids!
- **GET OUTTA THE HOUSE OR YOUR DORM** – You may not feel like it some days, yet you will feel so much better after you do! Look for specials at Hurlburt Lanes (884-6941), take up golf at Gator Lakes (881-2251) or enjoy a free workout at one of the base Fitness Centers!
- **EXPRESS GRATITUDE** – We forget the importance of speaking out loud about the wonderful things in our lives. It is easy to focus on what is bad because in that moment we forget all the amazing things which exist. Expressing gratitude, out loud, and daily can have a huge impact on your outlook and how you perceive where you are right now.
- **SEEK A HIGHER PURPOSE** – Dig deep and embrace your spirituality, whatever that means to you! Visit the Chapel Center (884-7797) or the Hurlburt Library (884-6266) to learn what may work in your life.
- **MONITOR YOUR INTAKE** – We are not talking about food here. What you watch, listen to, and engage in, controls your thoughts, and forms your opinion of the world around you. Choose purposefully what you want to allow inside that beautiful brain!
- **STAY SOCIAL** – It is easy to get so busy you forget to check in with your friends and get out and make new ones. As we move through military life, it can be overwhelming to have to start over at new locations. The M&FRC (previously A&FRC 884-5441) offers several programs designed to help you make new friends, and keep the old.
- **PLAN A GETAWAY** – Something to look forward to, even a local staycation can boost your mood and provide tons of endorphin manufacturing from the anticipation! Reach out to the pros at Hurlburt ITT (884-5699) for tips and tickets that fit your desires and budget!
- **GET A PET** – Ok, ok, really give this one some thought. We do not advocate rushing into this decision – yet if you decide it is for you there are many shelters around where you can adopt, and give a loving pet a forever home and your heart, unconditional love! Eglin has a Pet Welfare Center, a great place to start!
- **LAUGH** – Laugh with friends, laugh at friends, watch funny shows and movies, sit in public places and just observe others and find joy in their antics and interactions. Many studies show laughter reduces stress, anxiety and effects of depression.
- **SEEK HELP IF YOU NEED IT** – Listen, there is no shame, NO SHAME, in reaching out when you do not feel right! There are many resources available to military members, retirees, DoD employees and family members. We have put together a list of several to get you started. Remember, several are confidential and do not have to report unless you are a threat to yourself or others. If you are concerned, ask your resource what their rules are and they can refer you if need be. Just please, please do not let fear stop you from asking for help.

## RESOURCES

CHAPEL CENTER -	(850) 884-7795
FAMILY ADVOCACY PROGRAM -	(850) 881-5061
M&FRC (PREVIOUSLY A&FRC) -	(850) 884-5441
MILITARY FAMILY LIFE COUNSELOR (MFLC) -	(850) 884-5441

Contact your embedded Unit Rep  
or the base rep via M&FRC

[MILITARYONESOURCE.MIL](http://MILITARYONESOURCE.MIL) has numerous options



Subscribe to our Retiree Corner emails and stay in the know about relevant information by filling out the subscriber information at:

[www.myhurlburt.com/pages/retiree-Corner.html](http://www.myhurlburt.com/pages/retiree-Corner.html)

The offices of Florida Department of Veterans' Affairs (FDVA), advocate for our Florida veterans and provide them with benefit compensation.

### Types of benefits:

- Disability compensation
- Dependency and Indemnity Compensation (DIC)
- Special Monthly Compensation (SMC) and other benefits included
- Education and training
- Employment services
- Health care
- Counseling
- Home loans and housing related assistance
- Life insurance
- Memorial benefits
- Pension
- Spouses
- Dependents
- Survivors

FDVA Claims Examiners regularly attend continuing education events to help veterans with questions about their benefits and assistance.

Below is the link to FDVA that has detailed information:

<http://floridavets.org/benefits-services/>

Scan for DFAS retiree resources



These are local County Veteran Services Offices that have counselors that can assist with current federal, state, and local veterans' programs, entitlements and referral services.

### Escambia County Veteran Service Office

Andrew Hoffman  
3363 West Park Place, Pensacola, FL 32502  
Phone: (850) 595-2409; Fax: (850) 595-4966

### Okaloosa County Veteran Service Office

Beatrice Love-Moore, Division Director  
Eddie Taylor, Veterans Counselor  
1250 N Eglin Pkwy, Ste. 302  
Shalimar, FL 32579  
Phone: (850) 651-7258; Fax: (850) 651-7742  
E-mail: [blovemoore@myokaloosa.com](mailto:blovemoore@myokaloosa.com)

(Tues, Thurs only)

601-A N Pearl Street, Ste. 100 C'view, FL 32536  
Phone: (850) 689-5922; Fax: (850) 689-5566

### US Department of Veterans' Benefits & Assistance

Pat Wasisco  
6 11th Avenue, Suite G-1  
Shalimar, FL 32579  
Phone: (850) 651-1000

### Santa Rosa County Service Center

Laurie Schulze, CVSO  
6051 Old Bagdad Highway, Ste. 204  
Milton, FL 32583  
Phone: (850) 981-7155  
Fax: (850) 981-7154  
E-mail: [karenh@santarosa.fl.gov](mailto:karenh@santarosa.fl.gov)

### Santa Rosa cont. Service South County Center

Andy Anderson, Veteran Service Officer  
5841 Gulf Breeze Pkwy.  
Gulf Breeze, FL 32563  
Phone: (850) 981-7110  
Fax: (850) 981-7085  
E-mail: [edm@santarosa.fl.gov](mailto:edm@santarosa.fl.gov)

### VA Outpatient Clinics

Eglin Community Based Outpatient Clinic  
100 Veterans Way  
Eglin AFB, FL 32542  
(850) 609-2600

### Pensacola Joint Ambulatory Care Center

790 Veterans Way  
Pensacola, FL 32507  
(850) 912-2000

# POW\*MIA

## YOU ARE NOT FORGOTTEN

# 24-HOUR VIGIL RUN

**15-16 SEPTEMBER**  
ADERHOLT FITNESS CENTER TRACK

SIGN UP FOR BLOCKS OF TIME TO RUN | FREE SHIRTS (WHILE SUPPLIES LAST)

**RUN STARTS AT 7AM ON THURSDAY, 15 SEPTEMBER**

DEPARTMENT OF THE AIR FORCE  
FITNESS & SPORTS

SCAN QR CODE TO REGISTER

HURLBURT FIELD  
**FORCE**  
SUPPORT SQUADRON

(850) 884-6884  
MYHURLBURT.COM

# SUNDAY FUNDAY

**KT's**  
KRAKEN TIKI BAR

**BAR HOURS**  
11am-8pm Fri & Sat  
10am-6pm Sun

**At KT's Kraken Tiki Bar!**  
Sunday • 10AM-2PM

- Mimosas
- Bloody Marys
- Food Truck
- Games

Must have 4 legal adults present to order a bottle of champagne & 2 legal adults present to order 1/2 bottle

Drink responsibly. Bartenders reserve the right to exercise dram shop rules.

Current as of 5/19/2022  
Subject to change

HURLBURT FIELD  
**FORCE**  
SUPPORT SQUADRON

**Outdoor Rec Marina Tiki**  
100 Corlew Road  
(850) 884-6939

AIR FORCE  
OUTDOOR RECREATION

# COMMANDO FITNESS

Hoodies \$49.50

Women's Tank \$24.50

Men's Tank \$24.50

## LOOK WHAT JUST ARRIVED:

## HOODIES & TANK TOPS!

Stop by for you shirt!

DEPARTMENT OF THE AIR FORCE  
FITNESS & SPORTS

(850) 884-4412

HURLBURT FIELD  
**FORCE**  
SUPPORT SQUADRON

# THE Hooch

BAR & GRILL

**MON-FRI 3-9PM**  
KITCHEN OPENS AT 4PM  
Sat-Sun Special Functions Only

(850) 884-7507  
myhurlburt.com

HURLBURT FIELD  
**FORCE**  
SUPPORT SQUADRON

Inside the Soundside  
at 107 Kissam St.

# LUNCH

# specials



**HOURS OF OPERATION**

Mon: 6:30am-4pm  
 Tue-Fri: 6:30am-8pm  
 Sat: Noon-9pm  
 Sun & Holidays: Closed



Located inside Hurlburt Lanes

## SPARE TIME GRILL



### SEPTEMBER SPECIALS

myhurlburt.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Full Menu		<b>BBQ Sandwich Meal</b> <i>Coleslaw, Fries &amp; Drink - \$9.00</i> Sandwich & Drink Only - \$6.00	<b>CLOSED</b>
<b>CLOSED</b>	<b>Frito Pie &amp; Drink</b> \$6.75	<b>Reuben on Rye w/Fries &amp; Drink</b> \$9.25	<b>BBQ Sandwich Meal</b> <i>Coleslaw, Fries &amp; Drink - \$9.00</i> Sandwich & Drink Only - \$6.00	<b>Asian Day Surprise</b> <i>to be determined day of &amp; Drink</i>
<b>Country Fried Steak Mashed</b> <i>Potatoes, Green Beans &amp; Drink - \$7.75</i>	<b>Frito Pie &amp; Drink</b> \$6.75	<b>Reuben on Rye w/Fries &amp; Drink</b> \$9.25	<b>BBQ Sandwich Meal</b> <i>Coleslaw, Fries &amp; Drink - \$9.00</i> Sandwich & Drink Only - \$6.00	<b>Asian Day Surprise</b> <i>to be determined day of &amp; Drink</i>
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<b>Country Fried Steak Mashed</b> <i>Potatoes, Green Beans &amp; Drink - \$7.75</i>	<b>Frito Pie &amp; Drink</b> \$6.75	<b>Reuben on Rye w/Fries &amp; Drink</b> \$9.25	<b>BBQ Sandwich Meal</b> <i>Coleslaw, Fries &amp; Drink - \$9.00</i> Sandwich & Drink Only - \$6.00	<b>Asian Day Surprise</b> <i>to be determined day of &amp; Drink</i>



(850) 884-6470



(850) 884-7365

10:30am-1:30pm

\$7.50 - Drink & Chips Included

**MONDAY**

Soup and Half Sandwich

**TUESDAY**

Two Barbeque Sandwiches

**WEDNESDAY**

Meatball Sub

**THURSDAY**

BLT Croissant

**FRIDAY**

Chicken Caesar Salad Wrap



Full Menu

*Taco Salad with drink or 2 Slices of Pizza with drink offered daily*

INSIDE HURLBURT LANES BOWLING CENTER  
 442 Cody Avenue

INSIDE COMMUNITY CENTER  
 Kraken Kafé and Velocity  
 443 Cody Avenue

Check for updates regularly regarding all Dining Facilities availability for Dine-In or Take Out on myhurlburt.com



# Kraken Kafé

BEANS & BITES

Serving Hot & Cold Beverages  
Paninis & Grab-N-Go Foods

6:30am-1:30pm • Mon-Fri  
The Community Commons  
443 Cody Ave



Full Menu



COMMUNITY COMMONS  
Velocity Café Co-located  
443 Cody Ave

September



MYHURLBURT.COM

## LUNCH SPECIALS

MONDAY-FRIDAY | 10:30AM-1PM | (850) 881-5731

OASIS CAFE IS LOCATED INSIDE GATOR LAKES GOLF COURSE

### MONDAY

**GRILLED CHICKEN CLUB SANDWICH OR WRAP**  
Grilled chicken, Swiss cheese, bacon, mayo, lettuce, and tomato. Choice of bread or wrap. Choice of side.

\$9.50

### TUESDAY

**TACO SALAD**  
Seasoned ground beef or turkey, refried beans, lettuce, tomato, onion, cheddar cheese, and salsa served in taco shell. Sour cream on request.

\$9.50

### WEDNESDAY

**BULGOGI**  
Korean stir-fried beef, fried rice, cucumber kimchee, spicy soy sauce, and egg roll.

\$11.25

## HOT FOOD

### THURSDAY

**MEATBALL OR ITALIAN SAUSAGE**  
Homemade Meatballs or Italian sausage in marinara sauce, and provolone cheese, served on fresh hoagie roll and choice of side.

\$9.50

### FRIDAY

**SHRIMP PO-BOY**  
Fried shrimp on a crusty French roll with shredded lettuce, diced tomato and our spicy boom- boom sauce with choice of side.

\$9.50

### SIDE ITEMS

BAG OF CHIPS  
HOUSE CHIPS\*  
ONION RINGS\*

MIXED GREEN SALAD  
FRENCH FRIES

NO SUBSTITUTIONS FOR LUNCH SPECIALS  
\*.50 UPCHARGE



Full Menu



INSIDE GATOR LAKES CLUB HOUSE  
403 Walkup Way

Prices subject to change

# NEED TO GET AWAY?



(850) 884-6795  
424 Cody Ave.  
Tue-Fri: 9am-3pm  
Hurlburt.ITT@us.af.mil



SCAN CODE  
FOR MORE ITT  
INFORMATION



# Universal Studios HALLOWEEN HORROR NIGHTS

SELECT NIGHTS SEPT - OCT

GET YOUR TICKETS NOW  
from HURLBURT ITT

Call or stop by for details



THE WEEKND  
AFTER HOURS NIGHTMARE



THE HORRORS OF  
BLUMHOUSE



HALLOWEEN

Universal Studios  
HALLOWEEN  
HORROR  
NIGHTS  
SELECT NIGHTS SEPT - OCT

(850) 884-6795

424 Cody Ave.  
Tue-Fri: 9am-3pm  
Hurlburt.ITT@us.af.mil



## HURLBURT LANES BOWLING CENTER

Book Your



1 hr  
Package  
\$12.50 per child

1½ hr  
Package  
\$14.50 per child

2 hr  
Package  
\$16.50 per child

### Package Includes:

- Rental shoes
- Meal includes choice of:
  - 7" pizza & drink per child
  - Plain Hamburger, Hot Dog, Grilled Cheese, Chicken Nuggets or Corn Dog, with Fries and a Refillable Drink
- Birthday child receives a pin shaped drink bottle
- Each guest receives a free game coupon for use up to 30 days after party

### Package Upgrades:

- Ice Cream \$1.50/Person
- Goodie Bag \$4.25/Person

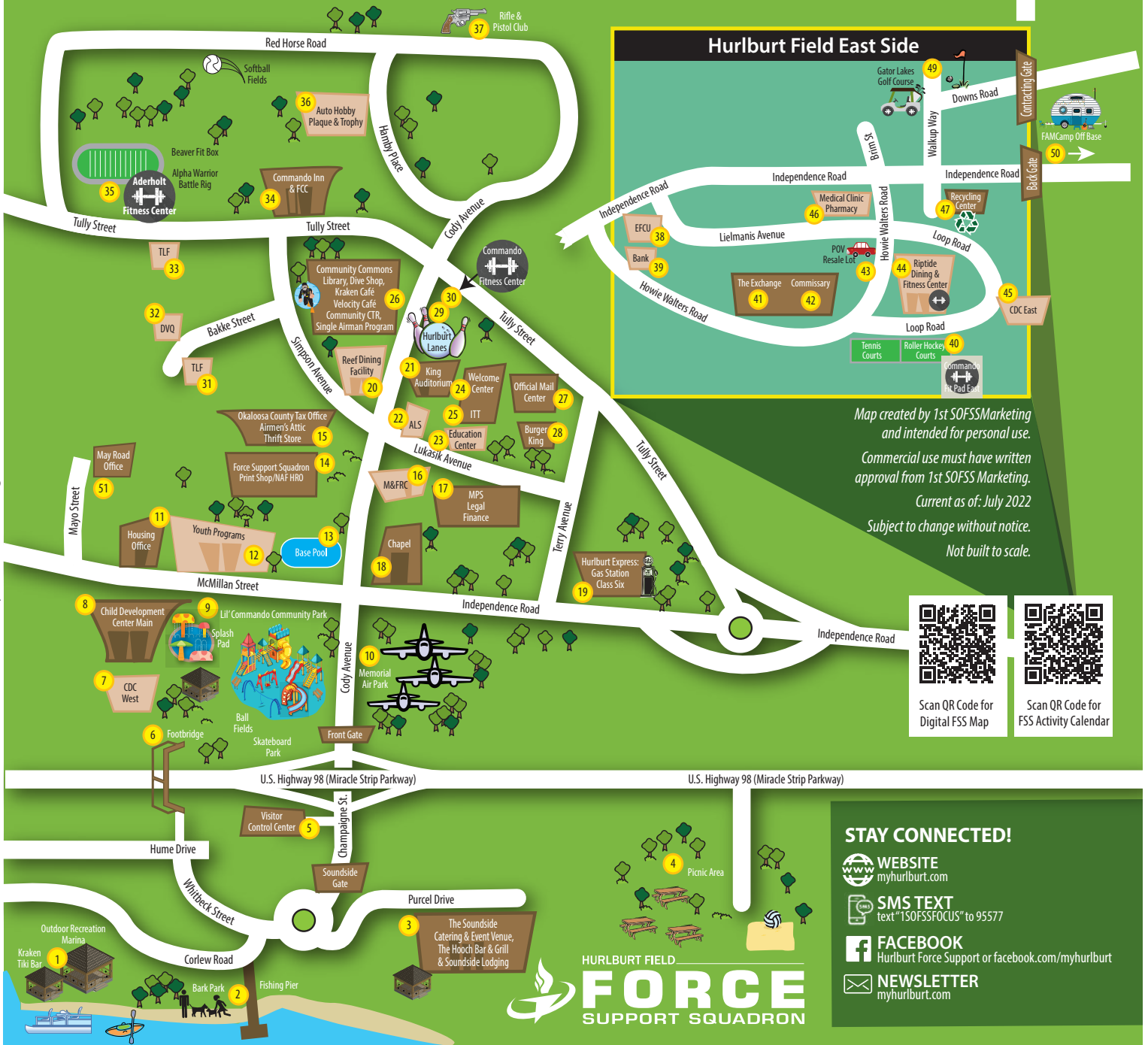
Prices subject to change without notice.



884-6941  
myhurlburt.com



# Hurlburt Field Map



Map created by 1st SOFSS Marketing and intended for personal use. Commercial use must have written approval from 1st SOFSS Marketing. Current as of: July 2022. Subject to change without notice. Not built to scale.



Scan QR Code for Digital FSS Map



Scan QR Code for FSS Activity Calendar

## STAY CONNECTED!

**WEBSITE**  
myhurlburt.com

**SMS TEXT**  
text "1SOFSSFOCUS" to 95577

**FACEBOOK**  
Hurlburt Force Support or facebook.com/myhurlburt

**NEWSLETTER**  
myhurlburt.com

## DIRECTORY

### -- Hurlburt Field West Side --

- Outdoor Recreation Marina (ODR) & Kraken Tiki Bar ||
- Dog Park (Bark Park), Fishing Pier
- The Soundside Event Venue; The Hooch Bar & Grill || Soundside Lodging (Open to all DoD Cardholders)
- Picnic Area
- Visitor Control Center
- Footbridge (temporarily closed)
- Child Development Center (CDC) West
- Child Development Center (CDC) Main
- Lil' Commando Community Park
- Splash Pad, Skateboard Park, Ball Fields
- Memorial Air Park
- Housing Office
- Youth Programs
- Base Pool (Aquatic Center)
- 1st SOFSS Headquarters; Readiness; NAF HRO NAF Accounting; Marketing; Print Shop
- Okaloosa County Tax Office (temporarily closed); Airmen's Attic; Thrift Store
- Military & Family Readiness Center (M&FRC)
- Finance; IDs; CACs; Passports; Assignments; Promotions; Awards & Decs; Evaluations; Career Development; Legal; Retirement/Separation; Retiree Activities Office (RAO)
- Base Chapel
- Hurlburt Express ||; Gas Station; ATM
- Reef Military Dining Facility (DFAC) ||
- King Auditorium
- Airman Leadership School (ALS)
- Education Center
- Welcome Center
- Information, Tickets & Travel (ITT)
- Community Commons Building - Library; Community Center; R4R Single Airmen Program; Velocity Café; Kraken Café ||
- Official Mail Center
- Burger King ||
- Hurlburt Lanes; Spatetime Grill ||
- Commando Fitness Center; Smoothie Bar ||; HAWC
- Pet Friendly Temporary Lodging Facility
- Pet Friendly Distinguished Visitors Quarters (DVQ)
- Pet Friendly Temporary Lodging Facility
- Commando Inn (Lodging); Family Child Care Office
- Aderholt Fitness Center, Alpha Warrior Rig, Softball Fields
- Auto Hobby; Plaque & Trophy Shop
- Rifle & Pistol Club
- May Road Office Housing

Map also available digitally at myhurlburt.com

### -- Hurlburt Field East Side --

- Eglin Federal Credit Union (EFCU)
- First National Bank
- Tennis & Roller Hockey Courts, Commando Fit Pad East
- The Exchange (BX)  
Charleys; Popeyes; Starbucks; Subway ||
- Commissary ||
- Resale Lot
- Riptide Military Dining Facility (DFAC) || Fitness Center
- Child Development Center (CDC) East
- Medical Clinic & Pharmacy (MDG)
- Recycling Center
- Gator Lakes Golf Course; Oasis Café ||
- FAMCamp - Off MLK Jr. Blvd.

# (850) DIRECTORY

## M&FRC

Military & Family Readiness Center & (DAP) | 884-5441  
220 Lukasik Avenue, Bldg 90213

## CHILDREN & YOUTH

Child Development Centers (CDC)

CDC Main | 884-6664  
108 McMillan St., Bldg 90353

CDC East | 881-1261  
133 Leilmanis Drive, Bldg 91168

CDC West | 884-5154  
26 Weaver St., Bldg 90306

Family Child Care (FCC) | 884-4300  
301 Tully St., Bldg 90509

Youth Center & School Age Program (YP & SAC) | 884-6355  
117 McMillan St., Bldg 90304

School Liaison | 280-5766  
117 McMillan St., Bldg 90304

## DINING/RESTAURANTS/BARS

Kraken Kafé | 884-4045/7365  
Inside Community Commons,  
443 Cody Ave, Bldg 90337

KT's Kraken Tiki Bar | 884-6939/  
Outdoor Rec Marina Tiki, 100 Corlew Road,

Oasis Café | 881-5731  
Inside Gator Lakes Golf Course

Spare Time Grill | 884-6470  
Inside Hurlburt Lanes (Bowling)  
442 Cody Avenue, Bldg 90231

The Hooch Bar & Grill | 884-7507  
Delivery to Soundside Lodging only  
Inside The Soundside, 107 Kissam St.

The Soundside | 884-7507/581-3111  
Catering & Events

Velocity Café | 884-7365  
Community Commons, 443 Cody Ave, Bldg 90337

The Reef (Military Dining) | 884-4970  
313 Cody Avenue, Bldg 90326

The Riptide (Military Dining) | 881-5127/5128  
123 Howie Walters Road, Bldg 91007

Flight Kitchen (Military Dining) | (850) 240-3861

## EDUCATION & LEARNING

Education & Training | 884-6724  
221 Lukasik Avenue, Bldg 90220

Library | 884-6266  
Community Commons, 443 Cody Ave, Bldg 90337

Professional Development Center (PDC) | 884-3912  
424 Cody Ave, Bldg 90229

## EMPLOYMENT

Civilian Personnel | 884-5212  
212 Lukasik Avenue, Bldg 90210

NAF Human Resource | 884-6464  
145 Letourneau Circle, Bldg 90327

## FITNESS CENTERS/ OUTDOOR FIT AREAS & SPORTS

SOFTBALL FIELDS, TENNIS COURTS, ROLLER HOCKEY RINK  
(temp closure), TRACK & FIELD, COMBAT FIT EAST, BEAVER BOXES  
OPEN to anyone with base access Aquatic Center  
(Swimming Pool) | 884-6866

207 Cody Avenue, Bldg 90300  
Open to all DoD ID cardholders, lap swim  
only, no appointments, first come basis:  
884-6866 or email HurlburtPool@gmail.com

Fitness Center - Aderholt | 884-6884  
259 Tully Street, Bldg 90517  
24/7 Access Available - Register at Facility

Fitness Center - Commando | 884-4412  
452 Cody Avenue, Bldg 90232  
24/7 Access Available - Register at Facility

Fitness Center - Riptide | 881-5121  
123 Howie Walters Road, Bldg 91007

Gator Lakes Golf Course | 881-2251  
403 Walkup Way, Bldg 91300

Hurlburt Lanes (Bowling) | 884-6941  
442 Cody Avenue, Bldg 90231

## MILITARY PERSONNEL

Military Personnel Flight (MPF)  
212 Lukasik Avenue, Bldg 90210

CA/ID | 884-4110, opt 1

Career Development | 884-4110, opt 2

### Retirements/Separations

### Assignments

### Promotions

### Reenlistments

### Extensions

Force Management | 884-4110, opt 3

### Adverse Actions

### Awards & Decorations

### Evaluations

### Duty/TDY History

884-4110, opt 3 | 884-5663 | 884-2537 | 884-2694

Installation Personnel Readiness (IPR)  
884-4110, opt 4

Passports | 884-2017  
(AD and GS employees' non-personal use)  
(Appt only)

## RECREATION & HOBBIES

Auto Hobby Shop | 884-6674  
552 Hamby Pl., (Arts & Crafts Building)  
Dive Shop | 881-1576  
Community Commons, 443 Cody Ave, Bldg 90337

FAMCamp | 797-0103  
210 Downs Circle

Information Tickets and Travel (ITT)  
Leisure Travel | 884-5699  
Tickets & Tours | 884-6795

424 Cody Avenue, Bldg 90229

Lil' Commando Community Park | 884-6939  
Located next to CDC Main  
Pavilion Rental Available

Landing Zone Community Center & (R4R-SAIP)  
& Special Events | 884-2606 & 884-2607  
Community Commons, 443 Cody Ave, Bldg 90337

Outdoor Recreation/Marina & R4R-RECON | 884-6939  
100 Corlew Road, Bldg 92473

Rifle & Pistol Club | 884-7629  
Located off Red Horse Rd.

Single Airman Initiative Program (R4R-SAIP) | 884-4597  
Community Commons, 443 Cody Ave, Bldg 90337

Skeet & Trap Range | 797-9435  
6th Ranger Road

Unite C3 | 884-5080  
145 Letourneau Circle, Bldg 90327

## MISCELLANEOUS

Casualty Affairs | 884-2686  
145 Letourneau Circle, Bldg 90327

Lodging Facilities/Commando Inn | 884-7115  
301 Tully St., (Main)  
107 Kissam St., (The Soundside)

Honor Guard | 884-5330/5908  
139 Letourneau Circle, Bldg 90359

Marketing Office/Print Shop | 884-4252  
or 884-3820/3821  
145 Letourneau Circle, Bldg 90327

Mortuary Affairs | 884-2957 or cell (850) 420-6647  
145 Letourneau Circle, Bldg 90327

Plaque & Trophy Shop | 884-5294  
552 Hamby Place, (Arts & Crafts Building)

Post Office | 884-7699  
437 Tully Street, Bldg 90228

Recycling | 884-7577  
202 Walkup Way, Bldg 9136

Scan QR Code for  
the latest facility  
hours of operation



## QUICK REFERENCE

Airman's Attic .....	884-7769	Dormitory Housing .....	884-3188	Legal Office .....	884-7821	Security Forces .....	884-6423
Back Gate .....	881-2259	Finance Accounting .....	884-4119	Main Gate .....	884-7803	Sexual Assault Prevention/Response	884-7272
Barber Shop (Main Exchange) .....	581-8893	Dental Clinic .....	884-7881	September Road (Base Housing) .....	344-0220	Space "A" Travel .....	884-1086
Base Exchange (AAFES BX) .....	581-0030	Emergency Management .....	884-4304	Mental Health .....	881-4237	Thrift Shop .....	884-3098
Casualty Assistance .....	884-2686	Emergency Room (Eglin) .....	883-8228	Pass & Registration .....	884-5233	TRICARE .....	881-5177/3912
Chapel Center .....	884-7795	Express (Shoppette) .....	581-0488	Pharmacy .....	881-2133	Veterans Affairs .....	(800) 827-1000
Clinic Appointments .....	881-1020	Family Advocacy .....	881-5061	Public Affairs (ISOW) .....	884-7196	Visitor Control Center .....	884-2310
Commissary (DECA) .....	881-2139	Firestone .....	243-6820	Red Cross .....	432-7601		
Credit Union (Eglin Federal) .....	862-0111	Health and Wellness Center .....	884-4292	Retiree Activities Office .....	884-5443		
DEERS .....	884-5322	Inspector General .....	884-6322	Safety Office .....	884-5243		

# LIVE YOUR BEST LIFE THIS SUMMER!

Visit a branch  
& get an EFCU  
Mastercard the  
**SAME DAY!\***

as low as

# 7.9%

APR



Where Members Matter Most

\* Subject to credit approval. Same-day issue for EFCU Mastercard is available in-branch only during normal business hours.

Paid ad. No federal endorsement of advertiser intended.

2022

FALL

FESTIVAL

FRI, 28 OCT  
5-8PM

LIL' COMMANDO PARK



ISO FSS  
KRAKENS

TRUNK OR TREAT

HAUNTED FOREST

MOVIE | FOOD | CRAFTS

Food Booths  
Scary Haunted Walking Trail  
Family Movie-BYO Blanket/ Chair  
Children's Games, Crafts & Entertainment  
*Parking: Youth Center, 505th, Pool, Chapel*

Trunk or Treat  
**SIGN UP**

Volunteer  
**SIGN UP**



COMMUNITY CENTER



HURLBURT FIELD  
**FORCE**  
SUPPORT SQUADRON