

October 2022

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MY HURLBURT

Life

MAGAZINE

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DETAILS

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22-23 OCTOBER
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GATOR LAKES GOLF COURSE

28 OCTOBER
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LIL' COMMANDO PARK

2022

FALL

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FRI, 28 OCT
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LIL' COMMANDO PARK



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MY HURLBURT Life MAGAZINE

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INDIVIDUAL STROKE PLAY
EVENT
22-23 OCTOBER

GATOR LAKES GOLF COURSE

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Tournament 22-23 October, also on pg 16.



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Event Calendar

For the latest 1 SOFSS events
and activities, scan the QR
Code with your camera on your
smart phone and tap the link.

<https://www.myhurlburt.com/pages/fsscalendar.html>



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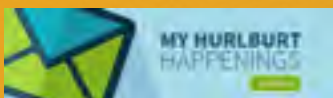
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ANOTHER WAY TO WIN WITH YOUR 1 SOFSS - FIND THE MISSING KRAKEN & WIN A \$100 GIFT CARD!

1 SOFSS is searching for its **Kraken**. Find it inside this My Hurlburt Life magazine, email its location to myhurlburtlife@gmail.com subject "Kraken" no later than 25th of the current month and you could win a **\$100 FSS** gift card. *Must be 18 or older and be a valid DoD ID cardholder.



Hint!

The hidden Kraken is much smaller than this size



*eat drink
and be
Spooky*

Recipe Research
by Emily MacDonald
Layout Deborah Ledbetter

Something wicked this way comes...and that's some sweet and spooky treats to share with others! With Fall on the horizon, get ready for fun, festive parties! While dressed in your best cute, scary, or creative costume, devour snacks with your friends and family! If you're not sure "witch" flavorful goodies to provide, check out some of these recipes which are sure to give your guests a thrill!





Poison Candy Apple:

Try not to faint when biting into this apple! These dark and mysterious candied apples will surely satisfy your company's sweet tooth!

INGREDIENTS

- 2 cups granulated sugar
- ¾ cups water
- ½ cup liquid glucose/ light corn syrup
- Few drops black gel food coloring
- 6 granny smith apples or 12 small apples (Ensure your apples are fresh and haven't been waxed)

DIRECTIONS

1. Grease a piece of baking paper and place on a baking sheet
2. Insert bamboo skewers in all the apples and set aside
3. Combine sugar, water, corn syrup, and black food coloring in a sauce pan and set over medium heat
4. Allow to come to a simmer, stirring to dissolve the sugar
5. Once the sugar has dissolved, stop stirring and wash down the sides of the pot with a wet brush. This

6. prevents sugar crystals a from falling into the caramel and causing it to crystallize
6. Cook the caramel until it reached the hard crack stage (150°C/310°F on a candy thermometer). To check if you've reached hard crack stage without a candy thermometer, simply drop a little of the boiling sugar mixture into a glass of ice-cold water. The sugar should form hard, brittle threads
7. Carefully dip the apples into the caramel mixture. Carefully tip the pan to the side and swirl the apples into the candy mixture
8. Place on the prepared sheet pan and allow to cool and harden before serving

<https://www.simply-delicious-food.com/poison-toffee-apples-halloween/>



Vampire Cookies:

Sink your teeth into these moist and delicious cookies!

INGREDIENTS

- 1 tube chocolate chip cookie dough
- 1 can vanilla frosting
- Red food coloring
- Mini marshmallows
- Slivered almonds

DIRECTIONS

1. Preheat oven to 350°. Line two large baking sheets with parchment paper. Roll cookie dough into 1 ½" balls and place on baking sheets. Bake until

- golden, about 12 minutes. Let cool completely then cut in half.
2. Add a few drops of red food coloring into vanilla frosting and stir until smooth. Spread a thin layer of red frosting onto each cookie half.
3. Place mini marshmallows around the round edges of half of the halves. Place the remaining halves on top, then stick a slivered almond on each side to create fangs.

<https://www.delish.com/cooking/recipe-ideas/a55668/dracula-dentures-recipe/>





Toxic Sludge:

This Toxic Sludge Mac and Cheese is disgustingly delicious and quite healthy! Sit back, put on a spooky movie, and satisfy your hunger with this ghastly green meal.

INGREDIENTS

- ¼ cup unsalted butter
- 1/3 cup all-purpose flour
- 2 ½ cups whole milk (or half & half)
- ½ teaspoon sea salt
- ¼ teaspoon paprika
- 1 teaspoon onion powder
- 1 tablespoon dry mustard powder
- 1/16 teaspoon cayenne pepper (add more if desired)
- 8 ounces sharp white cheddar cheese (grated)
- 1 package frozen spinach (thawed and drained)
- Green food coloring
- 1 pound dry pasta (cooked and drained; suggestion to use medium shells)
- 1 head fresh cauliflower (cut and steamed)*

DIRECTIONS

1. Melt butter in a large pan/ Dutch oven over medium-low heat. Add the flour and whisk to combine. Simmer, stirring constantly for 1 to 2 minutes.
2. Pour in the milk and whisk to combine and remove all lumps. Add the salt, pepper, onion powder, paprika, cayenne, and mustard, stir to combine.
3. Continue cooking until mixture starts to simmer; 6-8 minutes.
4. Remove from heat and add the grated cheese. Stir until melted and completely combined.
5. Add the drained spinach, stir to combine
6. Add a few drops of green food coloring if desired.
7. Add the drained pasta and stir until completely coated.
8. Stir in the steamed cauliflower and serve immediately. Cepoponicid conende psenatiea quodium et;

<https://www.cookingwithcurls.com/2016/09/07/toxic-waste-mac-cheese/>



Creepy Halloween Punch:

Let us give you a hand! Scare and surprise your guests when they investigate this punch! Not only will this drink give your friends a fright, but it will also provide them a cooling refreshment!

INGREDIENTS

- 1 envelope unsweetened cherry soft drink mix
- 1 envelope unsweetened grape soft drink mix
- 2 cups white sugar
- 3 quarts cold water
- 1 liter ginger ale

DIRECTIONS

1. To make a frozen hand, wash a disposable glove, fill with water, seal with a rubber band and freeze until hard. To make your hands more colorful, add a few drops of colored dye, or use Kool-Aid drink mixes
2. Stir together cherry soft drink mix, orange soft drink mix, sugar and water until solids are dissolved. Combine with chilled ginger ale just before serving
3. Dip the frozen hand briefly in warm water, then peel off the glove. Float the prepared hand in the punch bowl for a ghastly effect
4. For additional fun effects, add ice cubes with gummy worms frozen in the middle, and whipped cream!

<https://www.allrecipes.com/recipe/23256/black-halloween-punch/>



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MAGIC & ILLUSION

★ ★ ★ ★ ★ ★ ★ ★ ★ ★
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Witch's Brew:

This wickedly delicious concoction is perfect for all your Halloween festivities with its glowing greenish yellow color!

INGREDIENTS

- 32 oz green Powerade
- 2 liters lemon-lime soda
- 2 quarts lime sherbet (for additional flavors use orange and/or raspberry sherbet)

DIRECTIONS

1. Add scoops of sherbet to a glass. Pour the Gatorade over the sherbet until the glass is about $\frac{3}{4}$ full.
2. Fill the glass the rest of the way with lemon-lime soda. You can also make this in a punch bowl for larger groups.
3. To garnish your drinks, add in gummy worms or other creepy gummy candies of your choice.

<https://www.easybudgetrecipes.com/witches-brew/>



Casper's Cocoa Mix:

This drink is the perfect way to warm up after a night of trick or treating and makes a great party favor too!

INGREDIENTS

- $\frac{1}{4}$ cup powdered milk
- $\frac{1}{4}$ cup Nesquik
- 2 tablespoons Instant Chocolate Fudge Pudding Dry Mix
- 2 tablespoons confectioners' sugar
- 1 tablespoon powdered creamer
- 4 cups whole milk
- Whipped cream
- Halloween sprinkles
- Halloween peeps

DIRECTIONS

1. Mix powdered milk, Nesquik, pudding mix, sugar, cocoa, and creamer in a small bowl.

To package up:

1. Transfer to a mason jar, add a layer of Halloween sprinkles and the peeps, seal tight and use within 30 days.

To make:

1. Whisk together milk and all the powder mix in a medium sauce pan over medium heat, and bring to a simmer.
2. Pour into 4 mugs and serve with whipped cream topped with sprinkles and ghost peeps.

<https://www.ohsweetbasil.com/caspers-cocoa-mix-recipe/>



HALLOWEEN



Safety

SSgt Jaimie Aguiniga | Layout Deborah Ledbetter

Halloween is a fun and exciting time for both kids and adults. We have fun dressing up and channeling our inner child while taking our children door to door for tasty treats. Although it is a scary good time, there are a few safety precautions to be aware of in order to keep everyone safe.



COSTUME CAUTIONS

When it comes to choosing costumes for your little ones, make sure you are picking ones that fit your child properly in order to avoid tripping hazards. The last thing you want is a child-size dragon running door to door and falling on the sidewalk. If the costume has a face mask, have the child try it on before going out, to ensure they are able to see properly. Not all costumes will reflect when oncoming cars are driving down the street, so ensure you add some reflective material or glow in the dark patches for the children, to be visible to vehicles passing by.

PROTECTIVE PET TIPS

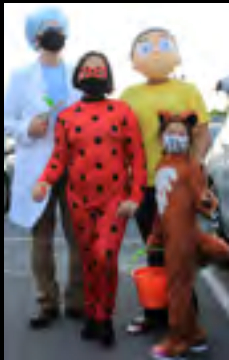
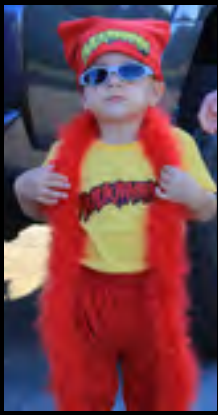
Just like children enjoy Halloween, many pet owners want their pups to enjoy the celebration too! Four legged friends are always fun to bring along, especially when it's done safely. If you are bringing your furry best friend trick or treating with the family, ensure they are on a leash the entire time to avoid any accidents from happening. Don't forget to let them in on the costume action and dress them in properly fitting attire that will include reflective accessories for cars and people passing to see. If it's especially hot, make sure the costume isn't too overwhelming, causing them to overheat.

DRIVING SAFETY

Be mindful that families with children and pets will be out in full swing from dusk to dark. Ensure you are not going faster than the posted speed limit in neighborhoods and look both ways before turning. If you are choosing to drive the kiddos to different houses, make sure your emergency blinkers are working so you can pull off the side of the road safely.

COVID-19 PRECAUTIONS

While we want everyone to enjoy this festive season, we also need to remember we are still in a pandemic and Covid-19 is still out and about. To keep everyone safer carry hand sanitizer so children can clean their hands after touching the candy. Try your best to not go to overly crowded areas. If there are lots of kids at one house, maybe choose one that is less crowded, and then go back once people have dispersed.



Fun costume participants from Drive-In Boo 2021



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Can't Miss Local FALL FUN



Article by Melanie Lerman | Layout by Deborah Ledbetter



Many of our team Hurlburt members find themselves PCS'ing in summer and just getting settled in when fall rolls around. We thought it may be fun to mention a few things to do in the local area that many may not expect to find or even look for in Florida.

SWEET SEASON FARMS 1

What will this year's corn maze design be? Each year a new design is released, come out and find your way through it via maps, passports, clues and QR codes. Also available are activities like cow train rides, pumpkin bowling, hay rides and other fun outdoor events.

Corn Maze and Fall Festival and SPECIAL EVENTS: Grandparent's Day Oct 8, Trick-or-Treat in the Maze, Oct 29

2260 Horn Road
Milton, FL 32570

(850) 686-9917

Hours: (Oct 1 – Nov 6) 9am – 5pm, Sat, 11am – 5pm, Sun

Activities: 25 Farm activities for most ages 3 and up.

Cost: \$15+tax, Military receive \$2 discount (must purchase in person with ID to receive discount), ages 2 and under admitted free of charge.

Picnic baskets welcome, no giant coolers or cooking equipment. Food is also available for purchase on-site. See fb page for weather updates. Closed-toed shoes recommended.

HOLLAND FARMS 2

While you wait for the hayride, enjoy some boiled peanuts grown fresh on the farm! Also available is a whole host of other farm-style playground activities including a corn-filled sandbox – Moms and dads, kick off your shoes and try this one too! Each full admission sends you home with a pumpkin of your choice – perfect to start a new pumpkin carving or decoration tradition!

Pumpkin Patch & Maze
opens 24 September

2055 Homes Holland Road
Milton, FL 32570

(850) 675-6876

Hours: (Sep 24 – Nov 2) 8am – 6pm, Sun thru Sat

Vegetation: 8 Acre Pumpkin Patch, Peanut Farm, with Sunflower, Corn, and Cotton Fields

Activities: hayride, train, sand box, swings, horse tire swings, pedal tractor cart racing, hill tube slide, corn box, zip lines, rat racers, and corn maze

Cost: \$15 wristband/per person, includes 1 pumpkin each (Sunflowers \$1, extra pumpkin \$7)

ADVENTURES UNLIMITED 3

Fall is a wonderful time to zipline in Florida, you may even get a glimpse of fall foliage if you time it right. Zipline tours are by appointment only Aug-Mar, and there are several other onsite activities to check out throughout the year including tubing, camping and several water sports.

8974 Tomahawk Landing Rd
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GATOR LAKE GOLF COURSE

CHAMPIONSHIP

INDIVIDUAL STROKE PLAY
 EVENT

22-23 OCTOBER



GATOR LAKES GOLF COURSE

SATURDAY, 22 OCTOBER
 8AM SHOTGUN

SUNDAY, 23 OCTOBER
 7AM TEE TIMES

**\$30 PLUS APPLICABLE
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Hurlburt Field 2022 Greeting Card Contest



Your Design Here!

1st Place \$300 FSS Gift Card

2nd Place \$200 FSS Gift Card

3rd Place \$100 FSS Gift Card

Honorable Mentions (2) \$50 FSS Gift Cards



CONTEST RULES AND GUIDELINES

- All greeting cards must have a holiday theme. If you need assistance on a religious theme, contact the Base Chapel at (850) 884-7795.
- Get creative, but follow these design parameters:
 - Cards may be vertical or horizontal, but cannot exceed 8'x8'x8'. Add ons, cutouts and moving parts are permitted.
 - Cards requiring power must include an outdoor extension cord or be supplied with a self-contained (and self-monitored) battery pack
 - Card themes MUST be consistent with AFSOC cultural standard of military professionalism and promote a climate of respect and dignity
 - Weatherproof your card
 - Live plants or animals are not allowed
- Designers or builders may consist of squadron/unit members or their families. Multiple entries per squadron are permitted, all Hurlburt connected squadrons/sections, etc. are eligible to enter.
- Previous contest entries may be displayed, but will not be entered into the contest.
- Squadrons can pick up one (1) sheet of plywood at the Community Center **TUE-SAT, 11AM-8PM**. Card pickup will be available starting Wed, 12 Oct, while supplies last. One free sheet provided per entry.
- Please print Organization, POC and phone number on back of card for judging and bring completed card to the display location alongside Cody Avenue on the grassy area by the Chapel, **BETWEEN 9AM-2PM ON WED, 30 NOVEMBER 2022**; Cards delivered after this deadline will not be judged.
- Winners announced at **TREE LIGHTING, FRI, 2 DECEMBER**.
- All cards must be **REMOVED BY END OF DAY WED, 4 JANUARY** or they will be disposed of the following day.



REGISTER BY USING: 1sofss.fss.events@us.af.mil

Subject: Greeting Card Contest

Message: Include the Squadron/Section, the POC first & last name, phone number

**Pick-up Your Plywood AND Register @
the Community Center, 443 Cody Ave**

Starting 12 Oct

Tue-Sat: 11am-8pm | Sun-Mon: CLOSED



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USE IT or LOSE IT!

Melanie Lerman | Layout Deborah Ledbetter

How many times have you heard this phrase? Well, this year we wanted to remind you to USE IT! Your brain, that is! October 13th is National "Train Your Brain Day", a day set aside to remind us to break out of our everyday routines (because face it, no matter what you do, your brain is probably used to it), and challenge our brains through puzzles, mental exercises and maybe even by learning something new.

Growing up I recall being taught that we "only use 10% of our brain's capacity" and the ever popular, "you can't teach an old dog new tricks". The fact is no one really knows how much of our brain we use. Most scientists and researchers (today) believe if we only used 10% of our brain, then traumatic brain injury would almost never occur since thanks to brain elasticity, uninjured parts of the brain can take over, or learn and assume, many tasks from the injured part. To put it simply, the human brain can adapt both structurally and functionally and therefore heal. This news is phenomenal since it was once believed our brains became static as we aged.

Training your brain can be as simple as daily exercise or as complex as learning a new language or skill. According to multiple studies, exercise "trains your brain" by forming new synapses which promote learning and improve memory. Exercise also serves to minimize the effect stress has on the brain which ultimately reduces the consequences of stressful events.

You can also train your brain by varying your routine. No matter how complex your life may be, your brain adjusts to

the events and cycles you regularly expose it to. As creatures of habit, we humans tend to follow very rhythmic patterns and just as we would get bored doing the same thing all the time, our brains also become complacent and disengaged. Something as simple as changing your morning routine can be enough to excite different receptors and take your brain off auto pilot.

To really step it up, take on learning a new language! A study by a group of Swedish researchers compared a group studying a new language to a group studying non-linguistic but equally intense subject matter. They found via MRI the brains of the participants taking on a new language grew larger, particularly in areas related to language skills, the hippocampus and cerebral cortex. With so many resources these days, learning a new language is not nearly as daunting as it once was. Pop over to the Hurlburt Library and inquire about the online resources for language study and check out a book highlighting a country your language of choice is native to, and you will be one step closer to closing those new synapses!

Breaking up your regular routine with various puzzles, mental exercises and assorted apps which mimic crossword and word scrambles are all great ways to spend a few random minutes giving your brain a little challenge. Whether you celebrate on October 13th with us or choose to find new ways to break up your brain routine on a daily basis, every little step you take will help your brain be the best it can be. Your brain will benefit, and your future self will be forever grateful!

Works Cited

How Does Learning a New Language Improve Your Brain. (2015). Retrieved from <https://www.telc.net/>
Laskowitz D, G. G. (2016). Translational Research in Traumatic Brain Injury. Boca Raton: CRC Press/Taylor and Francis Group.
McGregor, G. (2021). How Exercise Affects the Brain. Brigham Young University, College of Life Sciences.





DEPARTMENT OF THE AIR FORCE
1ST SPECIAL OPERATIONS WING (AFSOC)
HURLBURT FIELD FLORIDA

24 August 2022

MEMORANDUM FOR HURLBURT FIELD AREA RETIREES

FROM: 1 SOW/CC
212 Lukasik Avenue, Suite 315
Hurlburt Field FL 32544-5409

SUBJECT: Retiree Appreciation Invitation, 26-28 October 2022

1. As retirees, you have served our Air Force and nation with pride and distinction. You are an important part of Hurlburt Field and our Air Force family. In recognition of your contributions and dedication, the 1st Special Operations Wing is hosting Retiree Appreciation Days at Hurlburt Field. You are cordially invited and I sincerely hope you can take advantage of these activities.

2. The activities include the following:

- a. Commissary "Sidewalk Sale": 26-29 October 2022.
- b. Base Exchange "Sidewalk Sale": 26-28 October 2022.
- c. Free flu shots on 26-27 October 2022, 0900-1500 at the Hurlburt BX Mall.
- d. Shingles shots will be available while supplies last: 26-27 October 2022, at the Hurlburt BX Mall (must be at least 50 years old).
- e. Pneumococcal vaccine will be available while supplies last: 26-27 October 2022, at the Hurlburt BX Mall. (Age 65+ years and 19-64 years only if high risk)
- f. Hurlburt Lanes bowling special: 26-28 October 2022, 0900-1700. Free bowling (3 games per ID card holder) and \$1.00 shoe rental.
- g. Golf Course special: 26-27 October 2022. Free green fees – cart required for \$15.
- h. Blood Mobile, 26-27 October 2022, 1000-1500 at the Base Exchange.
- i. There will be representatives from TRICARE and Bob Hope Village at the Base Exchange.
- j. The Library will be holding a book sale 26-27 October 2022 at the Base Exchange.

3. The Hurlburt Field Retiree Activities Office is located in the middle of the 1st floor of Bldg 90210 (1 SOW HQs, where MPS and I.D Cards are located). Hours of operation are Monday-Friday, 0900-1200, and can be reached at (850) 884-5443. The Retiree Activities Office has information that will be of interest for retirees and their families.

ALLISON K. BLACK, Colonel, USAF
Commander

Any Time...Any Place

Retiree Corner



Subscribe to our Retiree Corner emails and stay in the know about relevant information by filling out the subscriber information at:

www.myhurlburt.com/pages/retiree-corner.html

Scan for DFAS retiree resources



OCTOBER DEALS

FOCUS



DIGITAL CONNECTION

(must present membership card to redeem)
*Rules apply, register for FOCUS to receive full details

FALL in love with October and **CHEESE** the day with this month's **FOCUS Deal!**

Receive



\$2.50 OFF



Join us in celebrating National Pizza Month with the **October FOCUS Deal** at Velocity Café- Receive **\$2.50 OFF** the daily pizza special from the menu! Show your **FOCUS card** and redeem your deal **EVERY FRIDAY** during the entire month of **October 2022**.

One deal per FOCUS cardholder, per day in October 2022. Not to be combined with other offers. Must present FOCUS card or image of card on phone to receive discount.

Velocity Café
443 Cody Avenue

HURLBURT'S FOCUS MONTHLY REWARDS & GIVEAWAYS



Scan QR Code to Join FOCUS

DETAILS AND HOW TO JOIN

Must be a card-holding member under current program for all FOCUS deals. New deals offered monthly as well as a quarterly drawing for a \$250 Gift Card! Joining is free and simple, Scan QR Code, or TEXT 150FSSFOCUS to 95577 and complete the registration form.



Sponsored in part by:



No federal endorsement of sponsors intended.



MY HURLBURT HAPPENINGS

rediron

(850) 884-4252 | Mon-Fri: 8am-4pm
Force Support Squadron Marketing

LUNCH



specials

HOURS OF OPERATION

Mon: 6:30am-4pm
 Tue-Fri: 6:30am-8pm
 Sat: Noon-9pm
 Sun & Holidays: Closed

Located inside Hurlburt Lanes



OCTOBER SPECIALS

myhurlburt.com



(850) 884-7365

10:30am-1:30pm

\$7.50 - Drink & Chips Included

MONDAY

Soup and Half Sandwich

TUESDAY

Two Barbeque Sandwiches

WEDNESDAY

Meatball Sub

THURSDAY

BLT Croissant

FRIDAY

Chicken Caesar Salad Wrap



Full Menu

Taco Salad with drink or 2 Slices of Pizza with drink offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	4 Bratwurst Fries & Drink \$7.50	5 Reuben on Rye w/Fries & Drink \$9.25	6 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	7 Closed
10 Closed	11 Bratwurst Fries & Drink \$7.50	12 Reuben on Rye w/Fries & Drink \$9.25	13 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	14 Asian Day Surprise to be determined day of & Drink
17 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	18 Bratwurst Fries & Drink \$7.50	19 Reuben on Rye w/Fries & Drink \$9.25	20 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	21 Asian Day Surprise to be determined day of & Drink
24 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	25 Bratwurst Fries & Drink \$7.50	26 Reuben on Rye w/Fries & Drink \$9.25	27 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	28 Asian Day Surprise to be determined day of & Drink
31 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75		Full Menu		



SPECIALS
10:30am-1pm

(850) 884-6470

INSIDE HURLBURT LANES BOWLING CENTER
442 Cody Avenue

INSIDE COMMUNITY CENTER
Kraken Kafé and Velocity
443 Cody Avenue

Check for updates regularly regarding all Dining Facilities availability for Dine-In or Take Out on myhurlburt.com



Kraken Kafé

BEANS & BITES

Serving Hot & Cold Beverages
Paninis & Grab-N-Go Foods

6:30am-1:30pm • Mon-Fri
The Community Commons
443 Cody Ave



Full Menu



COMMUNITY COMMONS
Community Café Co-located
443 Cody Ave

October



MYHURLBURT.COM

LUNCH SPECIALS

MONDAY-FRIDAY | 10:30AM-1PM | (850) 881-5731

OASIS CAFE IS LOCATED INSIDE GATOR LAKES GOLF COURSE

MONDAY

TURKEY CLUB WRAP OR SANDWICH
Oven roasted turkey, Swiss cheese, bacon, mayo, lettuce, and tomato on a flour tortilla. Choice of side.

\$9.50

TUESDAY

BEER BRAT
Beer brat with spicy mustard and potato salad. Sauerkraut added .50

\$8.00

WEDNESDAY

BULGOGI
Korean stir-fried beef with vegetables, egg roll, cucumber kimchee and spicy soy sauce.

\$11.25

HOT FOOD

THURSDAY

COUNTRY FRIED STEAK
Country fried steak with mashed potatoes, gravy, green beans and biscuit.

\$9.50

FRIDAY

RUEBEN OR RACHEL
Your choice of corned beef or turkey, Swiss cheese, sauerkraut, thousand island dressing on grilled rye bread. Choice of potato salad or side.

\$9.50

SIDE ITEMS

- BAG OF CHIPS
- HOUSE CHIPS*
- ONION RINGS*
- MIXED GREEN SALAD
- FRENCH FRIES

NO SUBSTITUTIONS FOR LUNCH SPECIALS
* .50 UPCHARGE



Full Menu



INSIDE GATOR LAKES CLUB HOUSE
403 Walkup Way

Prices subject to change

NEED TO GET AWAY?



(850) 884-6795
424 Cody Ave.
Tue-Fri: 9am-3pm
Hurlburt.ITT@us.af.mil



SCAN CODE
FOR MORE ITT
INFORMATION



Universal Studios HALLOWEEN HORROR NIGHTS

SELECT NIGHTS SEPT - OCT

GET YOUR TICKETS NOW
from HURLBURT ITT

Call or stop by for details




JOIN THE FUN

GROUP FITNESS CLASSES



Scan to view schedule

GET IN SHAPE

PERSONAL TRAINERS AVAILABLE

Contact any Fitness Center to learn how we can help you reach your fitness goals!

Adrenaline: 884-4084
Commando: (850) 884-4412 • Pipeline: (850) 884-5121





HALLOWEEN

Universal Studios
HALLOWEEN
HORROR
NIGHTS
SELECT NIGHTS SEPT - OCT

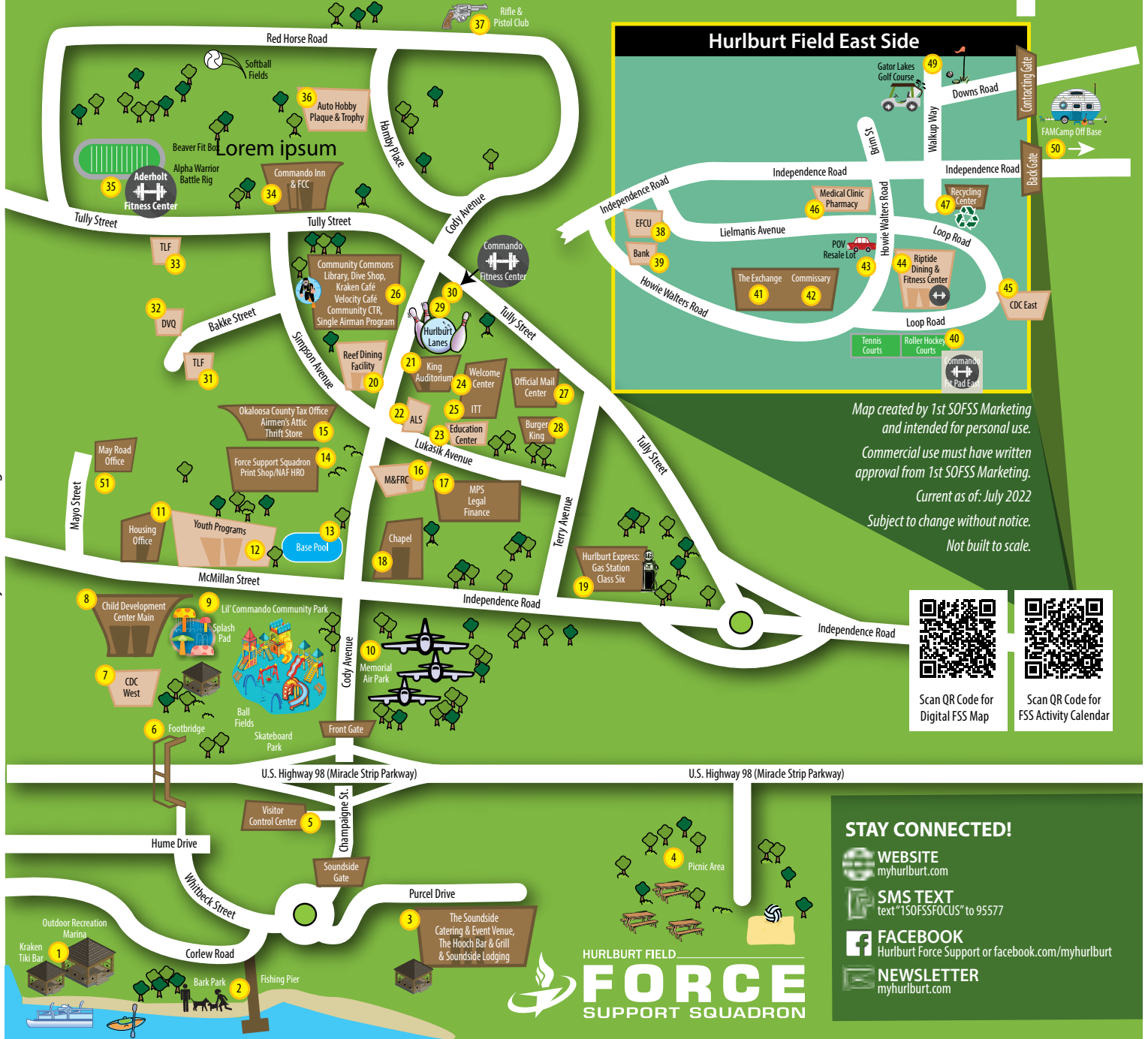
(850) 884-6795

424 Cody Ave.
Tue-Fri: 9am-3pm
Hurlburt.ITT@us.af.mil



INFORMATION TICKETS & TRAVEL
HURLBURT FIELD

Hurlburt Field Map



Map created by 1st SOFSS Marketing and intended for personal use. Commercial use must have written approval from 1st SOFSS Marketing. Current as of: July 2022 Subject to change without notice. Not built to scale.



Scan QR Code for Digital FSS Map



Scan QR Code for FSS Activity Calendar

STAY CONNECTED!

- WEBSITE myhurlburt.com
- SMS TEXT text "1SOFSSFOCUS" to 95577
- FACEBOOK [Hurlburt Force Support or facebook.com/myhurlburt](https://www.facebook.com/myhurlburt)
- NEWSLETTER myhurlburt.com

DIRECTORY

-- Hurlburt Field West Side --

1. Outdoor Recreation Marina (ODR) & **Kraken Tiki Bar** ||
2. Dog Park (Bark Park), Fishing Pier
3. **The Soundside Event Venue; The Hooch Bar & Grill** || Soundside Lodging (Open to all DoD Cardholders)
4. Picnic Area
5. Visitor Control Center
6. Footbridge (temporarily closed)
7. Child Development Center (CDC) West
8. Child Development Center (CDC) Main
9. Lil' Commando Community Park
Splash Pad, Skateboard Park, Ball Fields
10. Memorial Air Park
11. Housing Office
12. Youth Programs
13. Base Pool (Aquatic Center)
14. 1st SOFSS Headquarters; Readiness; NAF HRO
NAF Accounting; Marketing; Print Shop
15. Okaloosa County Tax Office (temporarily closed);
Airmen's Attic; Thrift Store
16. Military & Family Readiness Center (M&FRC)
17. Finance; IDs; CACs; Passports; Assignments; Promotions;
Awards & Decs; Evaluations; Career Development; Legal;
Retirement/Separation; Retiree Activities Office (RAO)
18. Base Chapel
19. **Hurlburt Express** ||; Gas Station; ATM
20. **Reef Military Dining Facility (DFAC)** ||
21. King Auditorium
22. Airman Leadership School (ALS)
23. Education Center

24. Welcome Center
25. Information, Tickets & Travel (ITT)
26. Community Commons Building -
Library; Community Center; R4R Single Airmen
Program, **Velocity Café; Kraken Café** ||
27. Official Mail Center
28. **Burger King** ||
29. Hurlburt Lanes; **Spartan Grill** ||
30. Commando Fitness Center; **Smoothie Bar** ||; HAWC
31. Pet Friendly Temporary Lodging Facility
32. Pet Friendly Distinguished Visitors Quarters (DVQ)
33. Pet Friendly Temporary Lodging Facility
34. Commando Inn (Lodging); Family Child Care Office
35. Aderholt Fitness Center, Alpha Warrior Rig, Softball Fields
36. Auto Hobby; Plaque & Trophy Shop
37. Rifle & Pistol Club
51. May Road Office Housing

-- Hurlburt Field East Side --

38. Eglin Federal Credit Union (EFCU)
39. First National Bank
40. Tennis & Roller Hockey Courts, Commando Fit Pad East
41. **The Exchange (BX)**
Charleys; Popeyes; Starbucks; Subway ||
42. **Commissary** ||
43. Resale Lot
44. **Riptide Military Dining Facility (DFAC)** ||
Fitness Center
45. Child Development Center (CDC) East
46. Medical Clinic & Pharmacy (MDG)
47. Recycling Center
49. Gator Lakes Golf Course; **Oasis Café** ||
50. FAMCamp - Off MLK Jr. Blvd.

Map also available digitally at myhurlburt.com

Follow us on Facebook @ [hurlburt force support](https://www.facebook.com/hurlburtforce) | myhurlburt.com | 25

Cut or tear out for easy reference throughout the month

(850) DIRECTORY

M&FRC

Military & Family Readiness Center & (DAP) | 884-5441
220 Lukasik Avenue, Bldg 90213

CHILDREN & YOUTH

Child Development Centers (CDC)

CDC Main | 884-6664
108 McMillan St., Bldg 90353

CDC East | 881-1261
133 Leilmanis Drive, Bldg 91168

CDC West | 884-5154
26 Weaver St., Bldg 90306

Family Child Care (FCC) | 884-4300
301 Tully St., Bldg 90509

Youth Center & School Age Program (YP & SAC) | 884-6355
117 McMillan St., Bldg 90304

School Liaison | 280-5766
117 McMillan St., Bldg 90304

DINING/RESTAURANTS/BARS

Kraken Kafé | 884-4045/7365
Inside Community Commons,
443 Cody Ave, Bldg 90337

KT's Kraken Tiki Bar | 884-6939/
Outdoor Rec Marina Tiki, 100 Corlew Road,

Oasis Café | 881-5731
Inside Gator Lakes Golf Course

Spare Time Grill | 884-6470
Inside Hurlburt Lanes (Bowling)
442 Cody Avenue, Bldg 90231

The Hooch Bar & Grill | 884-7507
Delivery to Soundside Lodging only
Inside The Soundside, 107 Kissam St.

The Soundside | 884-7507/581-3111
Catering & Events

Velocity Café | 884-7365
Community Commons, 443 Cody Ave, Bldg 90337

The Reef (Military Dining) | 884-4970
313 Cody Avenue, Bldg 90326

The Riptide (Military Dining) | 881-5127/5128
123 Howie Walters Road, Bldg 91007

Flight Kitchen (Military Dining) | (850) 240-3861

EDUCATION & LEARNING

Education & Training | 884-6724
221 Lukasik Avenue, Bldg 90220

Library | 884-6266
Community Commons, 443 Cody Ave, Bldg 90337

Professional Development Center (PDC) | 884-3912
424 Cody Ave, Bldg 90229

EMPLOYMENT

Civilian Personnel | 884-5212
212 Lukasik Avenue, Bldg 90210

NAF Human Resource | 884-6464
145 Letourneau Circle, Bldg 90327

FITNESS CENTERS/ OUTDOOR FIT AREAS & SPORTS

SOFTBALL FIELDS, TENNIS COURTS, ROLLER HOCKEY RINK
(temp closure), TRACK & FIELD, COMBAT FIT EAST, BEAVER BOXES
OPEN to anyone with base access Aquatic Center
(Swimming Pool) | 884-6866

207 Cody Avenue, Bldg 90300
Open to all DoD ID cardholders, lap swim
only, no appointments, first come basis:
884-6866 or email HurlburtPool@gmail.com

Fitness Center - Aderholt | 884-6884
259 Tully Street, Bldg 90517
24/7 Access Available - Register at Facility

Fitness Center - Commando | 884-4412
452 Cody Avenue, Bldg 90232
24/7 Access Available - Register at Facility

Fitness Center - Riptide | 881-5121
123 Howie Walters Road, Bldg 91007

Gator Lakes Golf Course | 881-2251
403 Walkup Way, Bldg 91300

Hurlburt Lanes (Bowling) | 884-6941
442 Cody Avenue, Bldg 90231

MILITARY PERSONNEL

Military Personnel Flight (MPF)
212 Lukasik Avenue, Bldg 90210

CAC/ID | 884-4110, opt 1

Career Development | 884-4110, opt 2

Retirements/Separations

Assignments

Promotions

Reenlistments

Extensions

Force Management | 884-4110, opt 3

Adverse Actions

Awards & Decorations

Evaluations

Duty/TDY History

884-4110, opt 3 | 884-5663 | 884-2537 | 884-2694

Installation Personnel Readiness (IPR)
884-4110, opt 4

Passports | 884-2017
(AD and GS employees' non-personal use)
(Appt only)

RECREATION & HOBBIES

Auto Hobby Shop | 884-6674
552 Hamby Pl., (Arts & Crafts Building)
Dive Shop | 881-1576
Community Commons, 443 Cody Ave, Bldg 90337

FAMCamp | 797-0103
210 Downs Circle

Information Tickets and Travel (ITT)
Leisure Travel | 884-5699
Tickets & Tours | 884-6795

424 Cody Avenue, Bldg 90229

Lil' Commando Community Park | 884-6939
Located next to CDC Main
Pavilion Rental Available

Landing Zone Community Center & (R4R-SAIP)
& Special Events | 884-2606 & 884-2607
Community Commons, 443 Cody Ave, Bldg 90337

Outdoor Recreation/Marina & R4R-RECON | 884-6939
100 Corlew Road, Bldg 92473

Rifle & Pistol Club | 884-7629
Located off Red Horse Rd.

Single Airman Initiative Program (R4R-SAIP) | 884-4597
Community Commons, 443 Cody Ave, Bldg 90337

Skeet & Trap Range | 797-9435
6th Ranger Road

Unite C3 | 884-5080
145 Letourneau Circle, Bldg 90327

MISCELLANEOUS

Casualty Affairs | 884-2686
145 Letourneau Circle, Bldg 90327

Lodging Facilities/Commando Inn | 884-7115
301 Tully St., (Main)
107 Kissam St., (The Soundside)

Honor Guard | 884-5330/5908
139 Letourneau Circle, Bldg 90359

Marketing Office/Print Shop | 884-4252
or 884-3820/3821
145 Letourneau Circle, Bldg 90327

Mortuary Affairs | 884-2957 or cell (850) 420-6647
145 Letourneau Circle, Bldg 90327

Plaque & Trophy Shop | 884-5294
552 Hamby Place, (Arts & Crafts Building)

Post Office | 884-7699
437 Tully Street, Bldg 90228

Recycling | 884-7577
202 Walkup Way, Bldg 91336

Scan QR Code for
the latest facility
hours of operation



QUICK REFERENCE

Airman's Attic	884-7769	Dormitory Housing	884-3188	Legal Office	884-7821	Security Forces	884-6423
Back Gate	881-2259	Finance Accounting	884-4119	Main Gate	884-7803	Sexual Assault Prevention/Response	884-7272
Barber Shop (Main Exchange)	581-8893	Dental Clinic	884-7881	Octoberoad (Base Housing)	344-0220	Space "A" Travel	884-1086
Base Exchange (AAFES BX)	581-0030	Emergency Management	884-4304	Mental Health	881-4237	Thrift Shop	884-3098
Casualty Assistance	884-2686	Emergency Room (Eglin)	883-8228	Pass & Registration	884-5233	TRICARE	881-5177/3912
Chapel Center	884-7795	Express (Shoppette)	581-0488	Pharmacy	881-2133	Veterans Affairs	(800) 827-1000
Clinic Appointments	881-1020	Family Advocacy	881-5061	Public Affairs (150W)	884-7196	Visitor Control Center	884-2310
Commissary (DECA)	881-2139	Firestone	243-6820	Red Cross	432-7601		
Credit Union (Eglin Federal)	862-0111	Health and Wellness Center	884-4292	Retiree Activities Office	884-5443		
DEERS	884-5322	Inspector General	884-6322	Safety Office	884-5243		

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★ FOUNDATION ★

18+
RATED
SHOW

Parental Discretion
Advised

THE GARY SINISE FOUNDATION PRESENTS

THE “ALMOST” RED, WHITE, & BLUE COMEDY TOUR



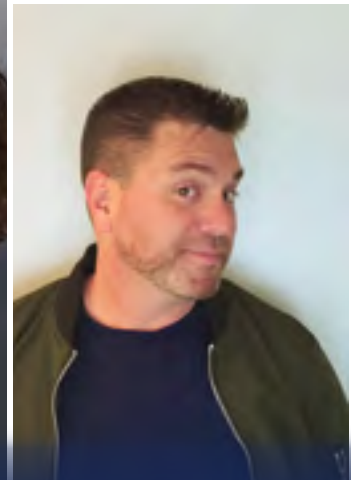
ADAM KEYS

U.S. Army Staff Sergeant (Ret.)



JOSH BLUE

(as seen on *Last Comic Standing* & *America's Got Talent*)



DEWAYNE WHITE

U.S. Army (Ret.)

FREE SHOW!

THE SOUNDSTAGE
TUESDAY, 4 OCTOBER • 6:30PM

Optional Buffet: 5:30pm
(Reservations Required)



myhurlburt.com | (850) 884-7507

SCAN QR CODE
FOR BUFFET
RESERVATIONS

