

MY HURLBURT *Life* MAGAZINE

FIND THE
1 SOFSS "KRAKEN"
HIDDEN INSIDE TO
ENTER DRAWING FOR

\$100

SEE PAGE 5 FOR
DETAILS

hello
August

HURLBURT FIELD
FORCE
SUPPORT SQUADRON

SATURDAY | 13 AUGUST

LET'S GLOW CRAZY 80s PARTY
SOUNDSIDE CATERING & EVENT VENUE

SATURDAY | 13 AUGUST

4-CLUB INDIVIDUAL STROKE TOURNAMENT
GATOR LAKES GOLF COURSE

FRIDAY | 19 AUGUST

BATTLE ON THE BEACH
OUTDOOR REC MARINA

18+

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80s Party

COSTUMES
are encouraged
FUN IS REQUIRED!

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NIGHT!**
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AND OLDER

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Each category: 1st place \$200, 2nd place \$100

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MY HURLBURT

Life

MAGAZINE



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AIR FORCE INFORMATION TICKETS & TRAVEL (ITT) HURLBURT FIELD

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424 Gandy Ave.
Tue-Fri: 9am-3pm
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Embrace the end of summer break with fun activities on Hurlburt Field and enjoy building castles in the sand, rent kayaks or SUPs or even flying kites at ODR Marina beach. Also, enjoy bowling, golfing, buying local tickets or planning trips from ITT or play fun games together at the Community Center! See pgs 6-9 for more info.



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Issue No. 32 IN THIS AUGUST ISSUE

FEATURES

- 2 | Let's Glow Crazy
- 4 | August FUN Page
- 5 | Find the Kraken and Connect with Us
- 6-9 | Family Fun 2.0
- 11 | Back to School Financial Tips with A&FRC
- 13-17 | Juicy Delicious Watermelon History and Recipes!
- 20 | Retiree Corner
- 28 | Battle on the Beach

FACILITIES

- 5 | Hurlburt Lanes Bowling Center
- 9 | Dive Shop & Outdoor Recreation (ODR)
- 12 | School Age Program, FCC, Teen Programs, & Fitness Center
- 16 | Gator Lakes Golf Course
- 21 | The Hooch Bar & Grill, Kraken Tiki (KTs), Information Tickets & Travel (ITT)
- 22 | Lunch Specials
- 24 | August FOCUS Deal
- 25-26 | FSS Base Map and Facility Contact Information



Event Calendar

For the latest 1 SOFSS events and activities, scan the QR Code with your camera on your smart phone and tap the link.

<https://www.myhurlburt.com/pages/fsscalendar.html>



FUN PAGE



1 SOFSS THE FUN SQUADRON!



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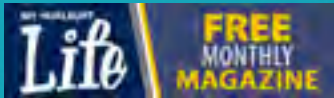
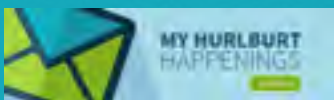
- Hurlburt Field Library
- Hurlburt Fitness Center
- Hurlburt Field Outdoor Recreation
- Hurlburt Field Community Center
- Hurlburt Field Child & Youth
- Hurlburt Field Airman and Family Readiness Center
- The Soundside on Hurlburt Field
- Hurlburt Information, Tickets & Travel
- Gator Lakes Golf Course, Hurlburt Field
- Hurlburt Field NAF HR
- Hurlburt Field Aquatic Center
- Hurlburt Field Bulletin and Events



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ANOTHER WAY TO WIN WITH YOUR 1 SOFSS - FIND THE MISSING KRAKEN & WIN A \$100 GIFT CARD!

1 SOFSS is searching for its **Kraken**. Find it inside this My Hurlburt Life magazine, email its location to myhurlburtlife@gmail.com subject "Kraken" no later than 25th of the current month and you could win a **\$100 FSS** gift card. *Must be 18 or older and be a valid DoD cardholder.



Hint!

The hidden Kraken is much smaller than this size



School

is right around the corner, everyone is anxious to get back into the swing of things, and only a few weeks remain to make lasting memories this summer! In an effort to assist, we came up with some "fun"-tastic ideas to help make summer everlasting for the whole family!

Contributed by Patrice Egan
Layout by Deborah Ledbetter





Bowling Center

Hurlburt Lanes Bowling Center is an easy choice when figuring out what to do on short notice. Instead of playing the basic way of bowling, try spicing things up a little to keep the game interesting! For instance, hold a costume contest and create your names around your costume, give everyone a dress up theme, do different tricks to see who strikes first, play a round of bingo bowling where the cards are based off tricks and pins, or maybe even create superlatives, like highest score, most strikes, most spares, etc. The possibilities are endless to make your family bowling night as fun and memorable as it can be. Even just throwing in some type of reward to win in the end gets everyone on the edge of their seats to see who will take home the prize.

(850) 884-6941
442 Cody Ave



Outdoor Recreation

The Outdoor Recreation Center operates many activity areas around Hurlburt Field. Some areas include the Marina, Beachside Pagodas, Lil Commando Community Park Pavillions, and much more! The Marina is the most common place to enjoy being on the water. While laying out in the sun, listening to the sounds of waves crashing against the shore, the kids can play in the water, build sandcastles, or even munch on leftovers from the family picnic. At the Marina, your family fun doesn't have to be limited to sitting on the Sound. Try renting a boat from the Outdoor Recreation Center or even go fishing from the small pier. The Marina also offers water sports equipment, ice, gasoline, bait, and fishing gear for rent!

NOTE:

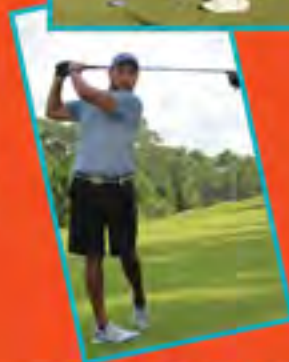
Check in with the Outdoor Recreation Center for current prices on reservations for equipment and boats before planning your family fun activity on the water.

(850) 884-6939
100 Corlew Rd



FAMILY FUN^{2.0}

Continued on pg 8



Gator Lakes Golf Course

The Gator Lakes Golf Course is a great option for the whole family to get outdoors and play a round of golf. You don't have to be a pro to play on the course. The important thing is that the whole family has fun together and creates memories to look back on. Some fun ways to make golf even more fun are to try making bets out of the plays, don't keep score of the game, look for golf events suitable for everyone, and/or go out afterwards as a reward for playing. The Oasis Cafe is located at Gator Lakes Golf Course, which makes it the perfect opportunity to grab a bite and chat about the rounds of golf played, bets made, and winners of it all! Best of all, escape the hot summer sun by enjoying our course and lit driving range under the moonlight!

(850) 881-2251
403 Walkup Way



NEED TO GET AWAY?

Information, Tickets, & Travel (ITT) arranges your vacation the way you like it by providing great values on discounted packages, tickets, tours, and hotel accommodations. Don't want to travel far? Take a look at these local attractions to feed your family fun time: the Buccaneer Pirate Cruise, Regal Theater Bundle, Southern Star Dolphin Cruise, Solaris Dinner Cruise, Gulfarium, and Shipwreck Island. From being a pirate for a day to watching dolphins or eating dinner on the water, these cruises are filled with activities to fit what you are looking for. Not a fan of boats? Explore the Gulfarium! As a family, you can learn about the different animals, see amazing shows, reserve animal encounters, and much more. As for Shipwreck Island, it is a huge waterpark that suits family members of all ages. Whether in the lazy river or on the thrilling slides, Shipwreck Island provides a variety of areas to fit all comfort levels. Want to go to the big name attractions (i.e. Disney World, Universal Studios, Six Flags, etc.) around Florida or Georgia? ITT is the place to be to bring your planned vacation to life. Imagine walking around the parks in matching family outfits planning out your day of fun and seeing the smiles on everyone's faces. What a sight to see! Make the trip even better and challenge everyone on who can ride the most rides, create your own scavenger hunt, develop themed bingo cards, or even take the silliest photos at different locations. Afterwards, everyone will be talking about the next family fun activity!

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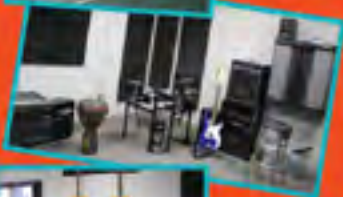
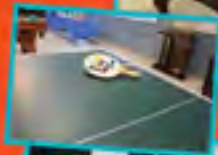
Information, Tickets, & Travel

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(850) 884-6795
424 Cody Ave

FAMILY FUN^{2.0}





Community Center

The Landing Zone Community Center has it ALL! Whether you are a kid or a kid-at-heart, this is the place to be to enjoy family fun time together through games and friendly competitions. Consisting of a gaming room, music room, Movie Theater, projection screens, a stage, and more, the Landing Zone provides top tier equipment to give children and adults of all ages a chance to be themselves and have fun in a variety of ways. As a challenge, try making food or prize bets, dress up as a rock star and put on a show, compete with other families in activities, or even dress up as the game you are playing (i.e. Mario and Luigi from Mario Kart). With these ideas, be on the lookout for events at the Landing Zone as it could just be your next family fun activity!

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FAMILY FUN^{2.0}



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See Outdoor Recreation Dive Shop Calendar at myhurlburt.com for more classes and times • Prices subject to change



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Tips for Reducing Back-to-School Costs

Created by A&FRC Finance Staff | Edited by Deborah Lindhorst



It's that time of year again for those with children going back to school. Just like the holidays, it tends to sneak up on parents — and their bank accounts. The National Retail Federation estimated last year that parents spent a record average of \$789.49 on back-to-school shopping for children in all grade levels and around \$1,059.20 shopping for college-aged kids.

If you don't want to get caught off guard with extra expenses, you must plan and be a smart shopper. These seven tips on creating a back-to-school budget can make shopping more bearable and help with reining in expenses.

1. What Do You Need

Start with the list of requested school supplies provided by the teacher or school district. Take inventory of what you already have. Check your child's dressers and closets to see what clothes and shoes still fit before buying a new wardrobe. Do you need to stock up on disinfectant wipes and hand sanitizer? How about uniforms or equipment for sports or other activities?

2. Establish Your Spending Limit

It's important to create a comfortable spending limit which covers the basics. Going school shopping without a budget will only set you up for overspending. Once your list is together, start pricing items. Create your budget based on regular retail prices not current sales. Overestimating can provide a little wiggle room when it's time to shop. After you've totaled your expenses, do you have enough money? If not, adjust your list.

3. Pad Your Back-to-School Shopping Budget

Earning extra money can always provide a little financial stress relief, especially during back-to-school season. Ask your employer about picking up extra shifts or working overtime. Find a temporary side gig, like dog walking, delivering groceries, or fast food. If you have older children, talk about school shopping expectations. Have them share some of the cost of items that don't fall within your budget.

4. Create a Sinking Fund

A sinking fund is a pool of money that you add to over time to break a large expense into more affordable chunks. Let's say you've estimated spending \$600 for back-to-school, and you get paid three times before school starts. Each payday, set aside \$200 into your fund to cover upcoming expenses. By taking money from your existing savings to start the sinking fund now, you'll take out less each paycheck. Setting up a direct deposit or automatic transfer will help save money in your fund easier.

5. Implement Challenges to Save Money

Saving money can be difficult, especially when there's not much time. Saving challenges can help you put aside more money than you think. Shopping using cash, you challenge yourself to save a certain denomination whenever it hits your wallet. Perhaps you save all the \$5 bills you get as change.

If typically paying for things with a debit card, your money-saving challenge could involve rounding up each purchase to the nearest \$5 increment and putting that difference toward your school expense savings. Or try a no-spend challenge. Implement a 30-day freeze on discretionary spending so you have more money to pay for school supplies and related gear.

6. Be a Smart Shopper

Between now and start of school, you'll encounter enough sales promotions to not have to pay full retail price (compare prices, buy generic, shop at thrift stores or dollar stores). Take advantage of great deals, shop between 25 July and 7 August 2022 to take advantage of Florida's sales tax holiday for school supplies.

7. Figure Out Which Expenses You Can Delay

You don't always have to buy everything for the first day of school. If you can, hold off a few weeks or more on buying the "fun" supplies, like new backpacks, and lunchboxes. Retailers often offer discounts after the rush has died down and they are trying to get rid of merchandise.

If you find yourself in a tight spot with your finances, please remember Airman and Family Readiness Center (A&FRC) has certified financial counselors to help you work that budget. For a one-on-one appointment you can call (850) 884-5441.



SCAN QR CODE FOR
A&FRC INFORMATION
AND ADDITIONAL
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We look forward to continuing to serve you and your families throughout your military journey here at Hurlburt Field.

If you are interested in hearing more about what we offer or to register for a class, please call us at (850) 884-5441. Hours of operation are M-F at 7:30am-4:30pm. Our Discovery room is also open for computer use to ID card holders.



Hurlburt Field School Age Care Program 2021-2022 School Year Enrollment



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CHILDCARE dot COM

855.696.2934

Schools in Okaloosa and Santa Rosa counties start Tuesday, 10 August



All families must request Before/After School Care through the militarychildcare.com website. For additional information please contact Hurlburt Field Youth Center at 884-3766 or email inquiries to 1SOFSS.FSFY.SAC@us.af.mil



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Watermelon, juicy deliciousness!

Contributed by Melanie Larmann
Layout by Deborah Ledbetter

**National
Watermelon Day**
August 3

Sweet, luscious, refreshing watermelon! The vibrant, red, juicy, sweet pulp and crisp deep green, and lime exterior makes this summer treat a pleasure to the senses. Have you ever considered the potential health benefits beyond the basics including the fact it is almost 90% water and hydrates you, and provides some nutrients since it is a low-fat fruit?

We have all heard the buzz that antioxidants are good for us, but what does that mean? Watermelon, specifically, contains lycopene, which may protect against heart disease, and help reduce inflammation in the body. Also found are L-citrulline, and L-arginine, which are believed to improve artery function. Offering about 23mg of vitamin C in one slice, nearly 1/3 of the RDA for women and over 1/4 of the RDA for men, watermelon is a great source for this nutrient which aids in reducing free radicals stored in the body and is essential for collagen production. There are many studies that show reducing free radicals lessens the chances of developing various cancers. Choline, another antioxidant found in watermelon, is important to brain and nervous system function. Early studies indicate choline might help slow the progression of dementia and Alzheimer's, but it is too early in the studies to confirm.

The water content in watermelon not only aids in hydration, combined with the fiber, it contributes to promoting a healthy gut and regular bowel movements. Great, I just referred to your BM's while writing about this amazing fruit! I digress. It can also serve as a natural diuretic, aiding in helping the body remove excess water and salt, which can be useful to everyone, especially people with kidney and blood pressure conditions.

At only 46 calories per cup, and rich in many vitamins we failed to mention here, watermelon is a healthy choice for most diets. You can enjoy it straight off the rind (which contrary to what mom or grandma probably told you, you can actually eat) or try one of the wonderful recipes we have included here for you! Either way, watermelon is in season May to September, peaking in July and August, consider picking up one or two and incorporating it into a more regular part of your summertime diet - you will not be disappointed!



Continued on pg 14



Cool Cucumber-Watermelon Salad

Ingredients

- 1/4 c. olive oil
- 1/8 c. white balsamic vinegar
- 3 T. fresh mint, chopped
- 1 t. stevia, Splenda, honey or sugar (or sweetener of choice)
- Salt and pepper to taste
- 6 c. cubed seedless watermelon (from 5-lb watermelon)
- 2 c. English cucumbers, sliced and quartered, skin on
- 1/4 c. red onion, thin slivers
- 1/3 c. crumbled feta cheese
- Optional: For extra fun, drizzle with balsamic glaze

Instructions

1. Whisk olive oil, vinegar, mint, and sweetener of choice.
2. Add salt and pepper to taste.
3. In another bowl, combine watermelon, cucumbers, and onions.
4. Pour dressing over mixture and toss to coat.
5. Gently fold in Feta crumbles.
6. Adjust seasoning to taste. Best if chilled before serving.



Watermelon Cosmopolitan (adapted from www.watermelon.org)

Ingredients

- 4 ounces watermelon juice, strained (**see note on top pg 17*)
- 1 cup ice
- 1 ounce premium vodka
- 1 ounce Cointreau
- 1/2 ounce grenadine syrup
- 1 small wedge of watermelon (for garnish, optional)

Instructions

1. Place ice and all liquids in a shaker and shake for 30 seconds.
2. Strain into the glass (martini style).
3. Garnish with the watermelon slice.



Continued on pg 17



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Gator Lakes Golf Course

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- LAUGH
- HIGH-FIVE
- & HAVE FUN

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PER SESSION

Session Dates

13-17 June, 2022
11-15 July, 2022
8-12 August, 2022

Session Times

5-6pm

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PER SESSION

SESSION TIMES

5-6:30PM

SESSION DATES

MAY 16-20
JUNE 20-24
JULY 18-22
AUGUST 22-26
SEPTEMBER 12-16

GET INTO THE SWING AND START ENJOYING GOLF TODAY!

DATES SUBJECT TO CHANGE

SATURDAY,
13 August

8AM SHOTGUN

GATOR LAKES GOLF COURSE

4-CLUB

INDIVIDUAL STROKE PLAY TOURNAMENT

Register by Wednesday, 10 August // \$20 Plus applicable green & cart fees

(850) 881-2251 myhurlburt.com

• **WATERMELON JUICE:** simply place seeded watermelon chunks in a blender and run until it liquefies. I often find my family does not finish all of the watermelon right away. I place the remaining chunks and juice that seeps out in a freezer bag and freeze until I need it. It blends well for frozen or fresh drinks.



Grilled Watermelon

There are numerous variations on grilled watermelon, so we decided to tell you the basic "how to", and provide a few of the marinades so you can choose what best suits your palate!

Wash your watermelon before cutting – it is best to leave the rind on when grilling and you will want it to be free of undesirable pesticides, dirt, etc. Cut into wedges, your choice of size, but make sure they are about one inch thick. The watermelon will change texture when grilled, to more of a chewy consistency. While this may sound off-putting, the resulting caramelized flavor is such a treat, you will not care! Grill over direct high heat about 2-3 minutes or until grill marks appear, flip and repeat. Note, some of the combos are marinades before grilling and some are sauces added after grilling plain watermelon slices, see note for each. Enjoy!

Marinade Ideas (adopted from various sites)

- Reserve zest of 2 lemons and then slice the lemons. Grill lemon slices and watermelon. After grilling, sprinkle with salt, lemon zest, chile powder and squeeze grilled lemon over the top.
- Before grilling mix 3 T. sugar, 1 ½ t. salt and zest of one lime and sprinkle on both sides. Reserve 1 t. of mix to sprinkle after grilling. Top with chopped cilantro if desired and serve with lime wedges.
- Brush watermelon with olive oil, sprinkle with salt, and grill. Chop into chunks and mix with fresh spinach, red onion slices, chopped mint, chopped basil and top with crumbled cotija cheese. Sprinkle with salt and pepper and drizzle balsamic reduction (or glaze, this will be sweeter) over the top for a quick, unique, and nutritious salad!
- After grilling add mix of 1/4 c. honey, zest of 2 limes, dash of red pepper flakes.



The Ins and Outs of Geocaching

Contributed by Patrice Egan | Layout by Deborah Ledbetter



HAPPY INTERNATIONAL GEOCACHING DAY!

August 20th celebrates a fun outdoor adventure that is suitable for everyone – whether by yourself, with some buddies, or even with the whole family! Geocaching has been around for awhile and has become much easier to do with all technological advancements over the years. It also comes with some great benefits too. With that being said, are you ready to take on the challenge of Geocaching?



DEVICES



NETWORK



DIRECTION



CACHING



OUTDOOR



NAVIGATION



SEARCH



GPS





Benefits

Stress Levels Decreased

Flipping that switch from working hard to relaxation is always a big positive on the mind and body. With Geocaching, you get to strengthen your brain without the worry of stress interfering with your fun and personal time within nature.

Skills are Sharpened

By strengthening your brain, you are keeping your mind challenged with problem-solving activities. This results in an increase of overall health, a more active lifestyle, and sharpened skills. Not only does solving caches stimulate your brain and skills, but creating your own caches help with that as well.

Feeling Stronger Mentally and Physically

Regardless of how rigorous the find was, your body is getting the physical exercise it needs to continue functioning the right way. This workout can result in weight loss and an increase of energy. As for your mental health, Geocaching gives people a sense of community; dealing with challenges that make you problem solve to accomplish a goal. With some, it also provides a way to connect with others on a social level to build confidence, self-esteem, and communication.

Educational

If you didn't know, geocaching can actually be very educational for all ages. When venturing out to find the cache, remember to look at your surroundings because it may contain some great geographic significance, depending on the location of the treasure. Some people might create temporary caches to learn about their environment, while others may register for a "travel bug" that moves from one cache location to another. All in all, everyone is still learning through a fun activity even if it doesn't feel like it.

How to Start Geocaching

1. Download the Geocaching App from the App Store
2. Create an Account
3. Locate a Geocache nearby that interests you on the map
4. Head off on the adventure with your GPS and a pen

Once found, be sure to put the geocache back in its place after you have signed and dated the logbook. This helps to keep the challenge going

5. Log your experience in the app and continue onto your next adventure

No Federal Endorsement Intended.

History

Let's briefly take a step back through time to see how Geocaching really came about...

On May 2, 2000, GPS (Global Positioning System) users got a major upgrade that allowed for much more accurate results on their devices. This instant upgrade was sent to all receivers around the world after the "Selective Availability" button was pressed, which resulted in new orders to be prepared by twenty four satellites. After this happened, a message from the White House stated that everyone can now accurately locate where they are or where items can be found later on (hint, hint).

GPS users were most excited about this new update. Many ideas were flying around throughout the World Wide Web as this changed the way we would see and use technology. One user in particular, Dave Ulmer, a computer consultant, tested the accuracy of the upgraded GPS device on May 3rd by making an activity that required using a GPS to locate an object which was hidden somewhere. Ulmer's idea was then posted online in a group of GPS users and he named it the "Great American GPS Stash Hunt." The sense of the hunt was to stash a container in the woods and record the coordinates of the location with a GPS device for others to use to be able to find the object with just their GPS and nothing else. On May 3rd, Dave headed out into the Beavercreek, Oregon woods to do exactly that; he placed a black bucket in his desired location filled with a pencil, logbook, and different prizes. Once the bucket was good to go, he noted the coordinates and shared it online.

After three days, two people had shared their experiences from the adventure, and captured many people's attention. Others then began making their own stashes to hide and find with their GPS devices. With the increase in popularity, the word of the hunt became more than just a test; it was a game. A mailing list was established to speak upon the fun activity after Mike Teague, one of the first people to find Dave Ulmer's stash, posted coordinates collected from around the world on his own website for documentation. Additionally, new names for the game were circling to change the word "stash" as it had more meanings than just one; some of which were negative. Finally, the word "geocaching" became the brand name of the game.

Helping Retirees Keep Their Accounts Current



Subscribe to our Retiree Corner emails and stay in the know about relevant information by filling out the subscriber information at:

www.myhurlburt.com/pages/retiree-corner.html



It's important for retirees to regularly review and update their retired pay account. Keeping their account current will ensure that DFAS can get in touch with them if there is information they need to know about their retired pay and help make sure that outdated information doesn't cause difficulties for them or their loved ones down the road.

Use this handy road map to help retirees perform a retired pay check-up at least once a year.

1. Is the mailing address current?

As you know, DFAS gets a lot of returned mail. If a retiree has moved and hasn't told us, we won't know how to reach them. Let's keep the lines of communication open! They can easily log in to their myPay account and check "Correspondence Address" under "Pay Changes" on the side menu as part of the annual account check-up: <https://mypay.dfas.mil>

2. Is the email address in myPay current?

Make sure retirees have an email address in myPay that is current. Email is the easiest and fastest way to communicate. If we have an email address, they will hear news faster.

It only takes a minute for them to check their email address in myPay. At the top of the myPay account menu, select "Personal Settings" and then in the side menu on the left, select "Email Address" to view the email address(es) on file with DFAS. Make sure they indicate the primary email address they want us to use, and check the box to indicate if the address is still valid. Delete any old email addresses no longer in use.

While in myPay, they can also add a mobile phone number (domestic numbers only) to receive key myPay messages via text.

3. Have there been any major life changes?

If a retiree gets married, loses a spouse, or has a child, that change can affect their account.

To make any of these types of changes to their account, they must send DFAS a copy of the official documentation (marriage license, divorce decree, death certificate or birth certificate), along with the request to update their account.

Retirees should always notify DFAS as soon as possible about a major life change. You can also assist them by submitting their request and documents for them using the AskDFAS Branch of Service upload, or, they can fax documents to **1-800-469-6559** or mail them to **DFAS, 8899 E 56th Street, Indianapolis, IN 46249-1200**. Always make sure the Social Security Number is clearly visible on each document so we can identify the account to update it.

4. Is the Arrears of Pay beneficiary correct?

Retirees should choose a beneficiary for any arrears of retired pay that may be due when they pass away. Make sure the designation is current and confirm that the beneficiary's address is up to date.

They can check this information by clicking on the "Beneficiary for Arrears" link under "Pay Changes" in the menu on the left side of their account in myPay. Beneficiary designation changes can be made through myPay, as well as updating the beneficiary's address information.

5. Are the Survivor Benefit Plan (SBP) coverage and beneficiary(ies) correct?

The Retiree Account Statement (RAS), available in myPay, has a lot of information on it about pay, deductions, taxes and SBP. The SBP section has five lines on it for members who participate in SBP. The most important information for retirees to check: type of coverage, and date of birth of spouse beneficiary (if applicable).

Help retirees plan to pick a date to review their account information! They should set a yearly reminder to look over information to make sure their account is up-to-date.

Scan for DFAS retiree resources



THE Hooch

BAR & GRILL



MON-FRI 3-9PM
KITCHEN OPENS AT 4PM

Sat-Sun Special Functions Only

(850) 884-7507
 myhurlburt.com



Inside the Soundside
 at 107 Kissam St.

NEED TO GET AWAY?



(850) 884-6795
 424 Cody Ave.
 Tue-Fri: 9am-3pm
 Hurlburt.ITT@us.af.mil



SCAN CODE
 FOR MORE ITT
 INFORMATION



SUNDAY FUNDAY



BAR HOURS
 11am-8pm Fri & Sat
 10am-6pm Sun

At KT's Kraken Tiki Bar!
 Sunday • 10AM-2PM

- Mimosas
- Bloody Marys
- Food Truck
- Games



Must have 4 legal adults present to order a bottle of champagne & 2 legal adults present to order 1/2 bottle

Drink responsibly. Bartenders reserve the right to exercise dram shop rules.

Current as of 5/19/2022
 Subject to change



Outdoor Rec Marina Tiki
 100 Corlew Road
 (850) 884-6939



The EXCHANGE Touches the Lives of the Military and Their Families

Your purchases at Hurlburt Exchange directly contribute to the morale, recreation and welfare programs and services enjoyed on Hurlburt Field.

Thank you for your patronage!



Hurlburt Exchange dividends received in June:

\$43,353



LUNCH

specials



(850) 884-7365

10:30am-1:30pm

\$7.50 - Drink & Chips Included

MONDAY

Soup and Half Sandwich

TUESDAY

Two Barbeque Sandwiches

WEDNESDAY

Meatball Sub

THURSDAY

BLT Croissant

FRIDAY

Chicken Caesar Salad Wrap



Full Menu

*Taco Salad with drink or
2 Slices of Pizza with drink
offered daily*

INSIDE COMMUNITY COMMONS
Co-Located with Kraken Kafé
443 Cody Ave



Kraken Kafé

BEANS & BITES

Serving Hot & Cold Beverages
Paninis & Grab-N-Go Foods

6:30am-1:30pm • Mon-Fri
The Community Commons
443 Cody Ave



Full Menu





HOURS OF OPERATION
 Mon: 6:30am-4pm
 Tue-Fri: 6:30am-8pm
 Sat: Noon-9pm
 Sun & Holidays: Closed

Located inside Hurlburt Lanes

SPARE TIME GRILL



AUGUST SPECIALS

myhurlburt.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	2 Frito Pie & Drink \$6.75	3 Reuben on Rye w/Fries & Drink \$9.25	4 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	5 Asian Day Surprise to be determined day of & Drink
8 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	9 Frito Pie & Drink \$6.75	10 Reuben on Rye w/Fries & Drink \$9.25	11 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	12 Asian Day Surprise to be determined day of & Drink
15 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	16 Frito Pie & Drink \$6.75	17 Reuben on Rye w/Fries & Drink \$9.25	18 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	19 Asian Day Surprise to be determined day of & Drink
22 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	23 Frito Pie & Drink \$6.75	24 Reuben on Rye w/Fries & Drink \$9.25	25 BBQ Sandwich Meal Coleslaw, Fries & Drink - \$9.00 Sandwich & Drink Only - \$6.00	26 Asian Day Surprise to be determined day of & Drink
29 Country Fried Steak Mashed Potatoes, Green Beans & Drink - \$7.75	30 Frito Pie & Drink \$6.75	31 Reuben on Rye w/Fries & Drink \$9.25		

(850) 884-6470

* Prices current at time of print, subject to change due to market fluctuations

INSIDE HURLBURT LANES BOWLING CENTER
 442 Cody Avenue

INSIDE GATOR LAKES CLUB HOUSE
 403 Walkup Way

Check for updates regularly regarding all Dining Facilities availability for Dine-In or Take Out only on myhurlburt.com



Located Inside Gator Lakes



Full Menu

SAVE TIME,
 ORDER AHEAD!

Oasis Café
 (850) 881-5731
 MYHURLBURT.COM



AUGUST DEALS FOCUS



DIGITAL CONNECTION

(must present membership card to redeem)
*Rules apply, register for FOCUS to receive full details



Golfers!

Get a **FREE Twilight Cart Rental** at Gator Lakes (**SAVE \$12**), **Mondays and Tuesdays in August**. One discount per **FOCUS cardholder**, each Monday and Tuesday in August. Cardholder must be golfing.

Not to be combined with other offers. Must present card or image of card on phone to receive discount.

GATOR LAKES GOLF COURSE
403 Walkup Way

HURLBURT'S FOCUS MONTHLY REWARDS & GIVEAWAYS



Scan
QR Code to
Join FOCUS

DETAILS AND HOW TO JOIN

Must be a card-holding member under current program for all FOCUS deals. New deals offered monthly as well as a quarterly drawing for a \$250 Gift Card! Joining is free and simple, Scan QR Code, or TEXT 150FSSFOCUS to 95577 and complete the registration form.



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No federal endorsement of sponsors intended.

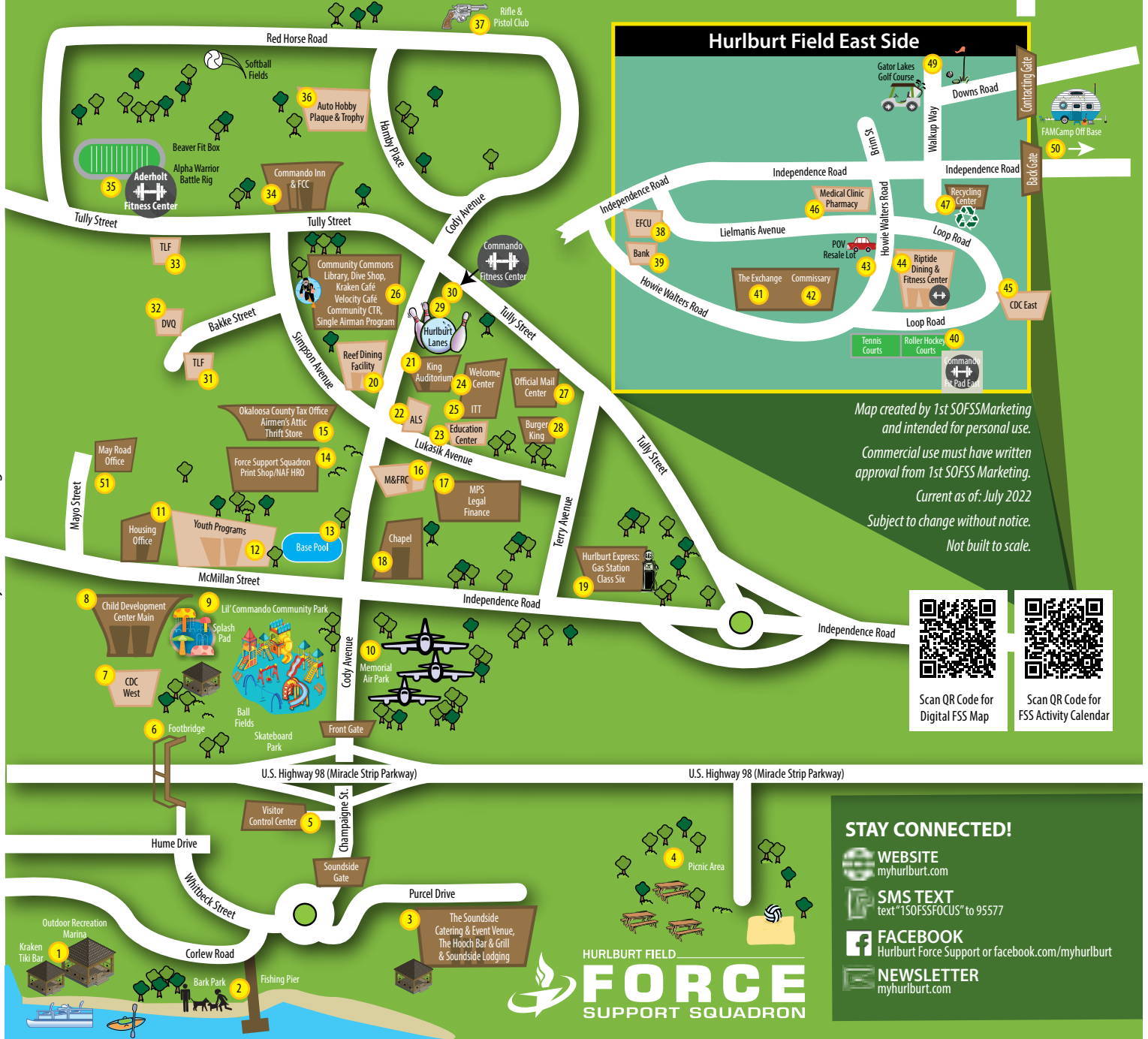


MY HURLBURT
HAPPENINGS



(850) 884-4252 | Mon-Fri: 8am-4pm
Force Support Squadron Marketing

Hurlburt Field Map



Map created by 1st SOFSS Marketing and intended for personal use. Commercial use must have written approval from 1st SOFSS Marketing. Current as of: July 2022. Subject to change without notice. Not built to scale.



Scan QR Code for Digital FSS Map



Scan QR Code for FSS Activity Calendar

STAY CONNECTED!

- WEBSITE**
myhurlburt.com
- SMS TEXT**
text "ISOFSSFOCUS" to 95577
- FACEBOOK**
Hurlburt Force Support or facebook.com/myhurlburt
- NEWSLETTER**
myhurlburt.com

DIRECTORY

-- Hurlburt Field West Side --

- Outdoor Recreation Marina (ODR) & **Kraken Tiki Bar** ||
- Dog Park (Bark Park), Fishing Pier
- The Soundside Event Venue; The Hooch Bar & Grill** || Soundside Lodging (Open to all DoD Cardholders)
- Picnic Area
- Visitor Control Center
- Footbridge (temporarily closed)
- Child Development Center (CDC) West
- Child Development Center (CDC) Main
- Lil' Commando Community Park
Splash Pad, Skateboard Park, Ball Fields
- Memorial Air Park
- Housing Office
- Youth Programs
- Base Pool (Aquatic Center)
- 1st SOFSS Headquarters; Readiness; NAF HRO
NAF Accounting; Marketing; Print Shop
- Okaloosa County Tax Office (temporarily closed);
Airmen's Attic; Thrift Store
- Military & Family Readiness Center (M&FRC)
- Finance; IDs; CACs; Passports; Assignments; Promotions;
Awards & Decs; Evaluations; Career Development; Legal;
Retirement/Separation; Retiree Activities Office (RAO)
- Base Chapel
- Hurlburt Express** ||; Gas Station; ATM
- Reef Military Dining Facility (DFAC)** ||
- King Auditorium
- Airman Leadership School (ALS)
- Education Center

- Welcome Center
- Information, Tickets & Travel (ITT)
- Community Commons Building** -
Library; Community Center; R4R Single Airmen
Program, **Velocity Café; Kraken Café** ||
- Official Mail Center
- Burger King** ||
- Hurlburt Lanes; **Spartan Grill** ||
- Commando Fitness Center; **Smoothie Bar** ||; HAWC
- Pet Friendly Temporary Lodging Facility
- Pet Friendly Distinguished Visitors Quarters (DVQ)
- Pet Friendly Temporary Lodging Facility
- Commando Inn (Lodging); Family Child Care Office
- Aderholt Fitness Center, Alpha Warrior Rig, Softball Fields
- Auto Hobby; Plaque & Trophy Shop
- Rifle & Pistol Club
- May Road Office Housing

-- Hurlburt Field East Side --

- Eglin Federal Credit Union (EFCU)
- First National Bank
- Tennis & Roller Hockey Courts, Commando Fit Pad East
- The Exchange (BX)**
Charleys; Popeyes; Starbucks; Subway ||
- Commissary** ||
- Resale Lot
- Riptide Military Dining Facility (DFAC)** ||
Fitness Center
- Child Development Center (CDC) East
- Medical Clinic & Pharmacy (MDG)
- Recycling Center
- Gator Lakes Golf Course; **Oasis Café** ||
- FAMCamp - Off MLK Jr. Blvd.

Map also available digitally at myhurlburt.com

Follow us on Facebook @hurlburt force support | myhurlburt.com | 25

Cut or tear out for easy reference throughout the month

(850) DIRECTORY

M&FRC

Military & Family Readiness Center & (DAP) | 884-5441
220 Lukasik Avenue, Bldg 90213

CHILDREN & YOUTH

Child Development Centers (CDC)

CDC Main | 884-6664
108 McMillan St., Bldg 90353

CDC East | 881-1261
133 Leilmanis Drive, Bldg 91168

CDC West | 884-5154
26 Weaver St., Bldg 90306

Family Child Care (FCC) | 884-4300
301 Tully St., Bldg 90509

Youth Center & School Age Program (YP & SAC) | 884-6355
117 McMillan St., Bldg 90304

School Liaison | 280-5766
117 McMillan St., Bldg 90304

DINING/RESTAURANTS/BARS

Kraken Kafé | 884-4045/7365
Inside Community Commons,
443 Cody Ave, Bldg 90337

KT's Kraken Tiki Bar | 884-6939/
Outdoor Rec Marina Tiki, 100 Corlew Road,

Oasis Café | 881-5731
Inside Gator Lakes Golf Course

Spare Time Grill | 884-6470
Inside Hurlburt Lanes (Bowling)
442 Cody Avenue, Bldg 90231

The Hooch Bar & Grill | 884-7507
Delivery to Soundside Lodging only
Inside The Soundside, 107 Kissam St.

The Soundside | 884-7507/581-3111
Catering & Events

Velocity Café | 884-7365
Community Commons, 443 Cody Ave, Bldg 90337

The Reef (Military Dining) | 884-4970
313 Cody Avenue, Bldg 90326

The Riptide (Military Dining) | 881-5127/5128
123 Howie Walters Road, Bldg 91007

Flight Kitchen (Military Dining) | (850) 240-3861

EDUCATION & LEARNING

Education & Training | 884-6724
221 Lukasik Avenue, Bldg 90220

Library | 884-6266
Community Commons, 443 Cody Ave, Bldg 90337

Professional Development Center (PDC) | 884-3912
424 Cody Ave, Bldg 90229

EMPLOYMENT

Civilian Personnel | 884-5212
212 Lukasik Avenue, Bldg 90210

NAF Human Resource | 884-6464
145 Letourneau Circle, Bldg 90327

FITNESS CENTERS/ OUTDOOR FIT AREAS & SPORTS

SOFTBALL FIELDS, TENNIS COURTS, ROLLER HOCKEY RINK
(temp closure), TRACK & FIELD, COMBAT FIT EAST, BEAVER BOXES
OPEN to anyone with base access Aquatic Center
(Swimming Pool) | 884-6866

207 Cody Avenue, Bldg 90300
Open to all DoD ID cardholders, lap swim
only, no appointments, first come basis:
884-6866 or email HurlburtPool@gmail.com

Fitness Center - Aderholt | 884-6884
259 Tully Street, Bldg 90517
24/7 Access Available - Register at Facility

Fitness Center - Commando | 884-4412
452 Cody Avenue, Bldg 90232
24/7 Access Available - Register at Facility

Fitness Center - Riptide | 881-5121
123 Howie Walters Road, Bldg 91007

Gator Lakes Golf Course | 881-2251
403 Walkup Way, Bldg 91300

Hurlburt Lanes (Bowling) | 884-6941
442 Cody Avenue, Bldg 90231

MILITARY PERSONNEL

Military Personnel Flight (MPF)
212 Lukasik Avenue, Bldg 90210

CAC/ID | 884-4110, opt 1

Career Development | 884-4110, opt 2

Retirements/Separations

Assignments

Promotions

Reenlistments

Extensions

Force Management | 884-4110, opt 3

Adverse Actions

Awards & Decorations

Evaluations

Duty/TDY History

884-4110, opt 3 | 884-5663 | 884-2537 | 884-2694

Installation Personnel Readiness (IPR)
884-4110, opt 4

Passports | 884-2017
(AD and GS employees' non-personal use)
(Appt only)

RECREATION & HOBBIES

Auto Hobby Shop | 884-6674
552 Hamby Pl., (Arts & Crafts Building)
Dive Shop | 881-1576
Community Commons, 443 Cody Ave, Bldg 90337

FAMCamp | 797-0103
210 Downs Circle

Information Tickets and Travel (ITT)
Leisure Travel | 884-5699
Tickets & Tours | 884-6795

424 Cody Avenue, Bldg 90229

Lil' Commando Community Park | 884-6939
Located next to CDC Main
Pavilion Rental Available

Landing Zone Community Center & (R4R-SAIP)
& Special Events | 884-2606 & 884-2607
Community Commons, 443 Cody Ave, Bldg 90337

Outdoor Recreation/Marina & R4R-RECON | 884-6939
100 Corlew Road, Bldg 92473

Rifle & Pistol Club | 884-7629
Located off Red Horse Rd.

Single Airman Initiative Program (R4R-SAIP) | 884-4597
Community Commons, 443 Cody Ave, Bldg 90337

Skeet & Trap Range | 797-9435
6th Ranger Road

Unite C3 | 884-5080
145 Letourneau Circle, Bldg 90327

MISCELLANEOUS

Casualty Affairs | 884-2686
145 Letourneau Circle, Bldg 90327

Lodging Facilities/Commando Inn | 884-7115
301 Tully St., (Main)
107 Kissam St., (The Soundside)

Honor Guard | 884-5330/5908
139 Letourneau Circle, Bldg 90359

Marketing Office/Print Shop | 884-4252
or 884-3820/3821
145 Letourneau Circle, Bldg 90327

Mortuary Affairs | 884-2957 or cell (850) 420-6647
145 Letourneau Circle, Bldg 90327

Plaque & Trophy Shop | 884-5294
552 Hamby Place, (Arts & Crafts Building)

Post Office | 884-7699
437 Tully Street, Bldg 90228

Recycling | 884-7577
202 Walkup Way, Bldg 91336

Scan QR Code for
the latest facility
hours of operation



QUICK REFERENCE

Airman's Attic	884-7769	Dormitory Housing	884-3188	Legal Office	884-7821	Security Forces	884-6423
Back Gate	881-2259	Finance Accounting	884-4119	Main Gate	884-7803	Sexual Assault Prevention/Response	884-7272
Barber Shop (Main Exchange)	581-8893	Dental Clinic	884-7881	Augustroad (Base Housing)	344-0220	Space "A" Travel	884-1086
Base Exchange (AAFES BX)	581-0030	Emergency Management	884-4304	Mental Health	881-4237	Thrift Shop	884-3098
Casualty Assistance	884-2686	Emergency Room (Eglin)	883-8228	Pass & Registration	884-5233	TRICARE	881-5177/3912
Chapel Center	884-7795	Express (Shoppette)	581-0488	Pharmacy	881-2133	Veterans Affairs	(800) 827-1000
Clinic Appointments	881-1020	Family Advocacy	881-5061	Public Affairs (150W)	884-7196	Visitor Control Center	884-2310
Commissary (DECA)	881-2139	Firestone	243-6820	Red Cross	432-7601		
Credit Union (Eglin Federal)	862-0111	Health and Wellness Center	884-4292	Retiree Activities Office	884-5443		
DEERS	884-5322	Inspector General	884-6322	Safety Office	884-5243		

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18+

GET WET, WILD & WACKY



BATTLE ON THE BEACH

SUMMER GAMES

FRI, 19 AUG | 10am-3pm | ODR / MARINA



THREE WAYS TO PLAY

HURLBURT'S 33RD ANNUAL CARDBOARD BOAT REGATTA

Register your squadron's entry by Mon, 15 Aug

PARTICIPATE IN FUN BEACH EVENTS (no preregistration needed)

Rubber Ducky Swim Race, SUP Battle & Watermelon Eating Challenge to name a few!

AXE THROWING | CORNHOLE | WATER BALLOON DODGEBALL

Register teams by Mon, 15 Aug



Current as of 7/27/22
Subject to change without notice



(850) 884-2606 | MYHURLBURT.COM

