



Military & Family Readiness Center

MARCH 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	1 Pre-Deployment Brief (IP) 0800-0900	2 Reintegration Brief (V) 1300-1330 Sponsorship Training (IP) 1500-1545	3 Plan My Move (IP) 1400-1500 EFMP Sensory Friendly Movie 1700-1900	4
TRANSITION ASSISTANCE PROGRAM (TAP) (IP)			0800-1600		DOL EMPLOYMENT TRACK (IP) 0800-1600	
5	6 VA Benefits Briefing stand alone day 0800-1600 Bundles for Babies (IP) 0900-1100	7 Reintegration Brief (IP) 1300-1330	8 Pre-Deployment Brief (V) 0800-0900	9 Pre-Separation Brief (IP) 0800-1000 Reintegration Brief (V) 1300-1330 Pre-Separation Brief (IP) 1400-1600	10 Resume Readiness (IP) 0900-1100 R4R Deployed Affected 1600-1800	11 R4R Deployed Affected 1000-1200 & 1300-1500 & 1600-1800
12 DAYLIGHT SAVING TIME SPRING FORWARD  CHANGE YOUR CLOCKS	13	14 Newcomer's Orientation (IP) 0730-1200 Sponsorship Training (V) 0745-0830 EFMP - Cultivating Resiliency Through Succulents 0930-1130 Reintegration Brief (IP) 1300-1330	15 Pre-Deployment Brief (IP) 0800-0900 First Duty Station Officer Briefing (IP) 0900-1100 Panhandle Job Fair 1000-1400	16 Reintegration Brief (V) 1300-1330 EFMP Installation Orientation (IP) 1330-1500 Sponsorship Training (IP) 1500-1545	17 Plan My Move (V) 1400-1500 RTP Day ST. PATRICK'S DAY	18
TRANSITION ASSISTANCE PROGRAM (TAP) (IP)			0800-1600		DOL EMPLOYMENT TRACK (IP) 0800-1600	
19	20 MEB Orientation 0800-0930 EFMP - Cultivating Resiliency Through Succulents 1300-1500	21 PWL-Relationship Tools 0900-1500 Reintegration Brief (IP) 1300-1330	22 Pre-Deployment Brief (V) 0800-0900 STAR: Spouse Transition and Readiness 0830-1300	23 Reintegration Brief (V) 1300-1330 Pre-Separation Briefing (IP) 1400-1600 Sponsorship Training (IP) 1500-1545	24 Art of the Interview (IP) 0900-1100	25 Legend: DEPLOYMENT EMPLOYMENT FAMILY & KIDS RELOCATION TRANSITION FINANCE SPECIAL OFFERING
DOD EDUCATION TRACK (IP)			0800-1600			
26	27 EFMP Network Group (IP) 0800-0900 and 1400-1500	28 Newcomer's Orientation (IP) 0730-1200 Sponsorship Training (V) 0745-8310 Reintegration Brief (IP) 1300-1330	29 Pre-Deployment Brief (IP) 0800-0900 Navigating Divorce and Finances 1030-1200	30 Reintegration Brief (V) 1300-1330 Coffee & Connections-Welcome Spouse 0900-1100	31	
TRANSITION ASSISTANCE PROGRAM (TAP) (IP- See back for locations)			0800-1600		DOL EMPLOYMENT TRACK (IP) 0800-1600	

Calendar is subject to change without notice. Please call 884-5441 to register and confirm event. Current as of 27 Feb 2023

Virtual Classes

DEPLOYMENT RELATED

Reintegration Brief: Thursdays 1300-1330, held virtually. Required briefing for those returning from deployments.

Pre-Deployment Brief: Wednesday 8 and 22 March, 0800-0900, held virtually. Required briefing for members preparing for deployment.

PERSONAL FINANCE

First Duty Station Officer Briefing: 30 March, 0900-1030, held virtually. **Mandatory** financial readiness briefing for officers assigned to their first duty station.. Please call to sign-up for the class at 884-5441.

RELOCATION

Sponsorship Training: 14 and 28 March 0745-0830, held virtually. Designed to provide sponsors with the tools for effective sponsorship of Airmen and families.

Plan My Move: 17 March, 1400-1500, held virtually. Tips and tools for Airmen and their families PCS'ing CONUS or OCONUS, and if you fall into one of these four categories: (1) Less than 4 years of military service, (2) First time PCS, (3) First time overseas PCS, and (4) First time Remote PCS. Satisfies financial touchpoint "Permanent Change of Station."

PANHANDLE
JOB FAIR
WEDNESDAY, MARCH 15, 2023
10:00 AM - 2:00 PM

 DAYLIGHT SAVING TIME
SUNDAY
March 14, 2023
It's that time again!

 HAPPY ST. PATRICK'S DAY



For more information visit:
WWW.MYHURLBURT.COM



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Hurlburt Field Military and Family Readiness

In-Person Classes

TRANSITION CLASSES

DOD Transition Day (1 Day): 14, & 28 March, 0800-1600 @ the A&FRC. Topics for discussion: Financial Planning, MOC Crosswalk, Resiliency, Mentoring, and Employment Panel. A briefing on TRICARE and the AF Reserve will also be available from 1330-1500 hrs.

Department of Labor (DOL) One-Day Employment (1 Day): 1, 15, & 29 March, 0800-1600 @ the A&FRC. Employment fundamentals for Career Transition (EFCT) to help members understand the labor market and various job search techniques.

Pre-Separation Briefing: 9 March, 0800-1000 or 1400-1600 and 23 March, 1400-1600 @ the A&FRC. Congressionally mandated briefing for transitioning members. Contact your Capstone Counselor to sign up. For those receiving an **Admin discharge**, contact your Capstone Counselor to arrange a 1-1 briefing.

DOD Education Track (2 Day): 20-21 March, 0800-1600 @ the **Education Center**: 2 day workshop to help you identify an education path to success.

VA Benefits and Services (1 Day): 13 and 27 March, 0800-1600 @ the **A&FRC** and 6 March (Standalone brief), 0800-1600 @ the **King Auditorium**. Learn about VA entitlements upon separating or retiring from service.

Department Of Labor (DOL) Employment Track (2 Day): 2-3, 16-17, and 30-31 March, 0800-1600 @ the A&FRC. This workshop covers all aspects of the job searching, resume, interviewing, and dress for success.

MEB Orientation: 20 March, 0800-0930 @ the M&FRC. This orientation is intended to assist members going through the medical board process. It will provide information and resources to help them navigate the transition process.

DEPLOYMENT RELATED

Pre-Deployment Brief: Wednesday 1, 15, and 29 March, 0800-0900, at the DCC. Required briefing for members preparing for deployment.

Reintegration Brief: Tuesdays, 1300-1330 @ the M&FRC. Required briefing for those returning from deployments.

Deployed-Affected Event—Buff City Soap: Soap-making class 10 March, 1600-1800 (ages 18+); and bath bomb-making classes 11 March, 1000-1200, 1300-1500, & 1600-1800 (ages 5+) at Buff City Soap in FWB. Space is limited, email brooke.scott@us.af.mil for more info and to sign up.

EMPLOYMENT RELATED

Resume Readiness: 10 March, 0900-1100 @ the M&FRC. The class will teach the tools to create a resume that will get you to the interview for your desired job.

The Art of the Interview: 24 March, 0900-1100 @ the M&FRC. The class provides a first-hand look at what is expected during the interview process, before, during, and after. A course discussion on "dressing for success" will also be included.

PERSONAL FINANCE

First Duty Station Officer Briefing: 15 March, 0900-1030 @ the M&FRC. **Mandatory** financial readiness briefing for officers assigned to their first duty station. Please call to sign-up for the class at 884-5441.

Navigating Divorce and Finances: 29 March 1030-1200 @ the M&FRC. The course is intended to provide awareness for couples on effective preparation and communication in maintaining financial readiness for divorce.

FAMILY & KIDS

Bundles for Babies: 6 March, 0900-1100 @ the M&FRC. The class provides financial awareness in the cost of raising a child and information on community programs and resources. Active Duty AF members or their spouses in attendance will receive a \$50 AAFES gift card. Please call to sign-up for the class at 884-5441.

7 Habits of Highly Effective People—One Day Course: 24 March, 1100-1230 @ the M&FRC. Introduction to an approach to mastering self management and enhancing personal and professional relationships. Please call to sign-up for the class at 884-5441.

Relationship Tools: 21 March, 0900-1500 @ the M&FRC. A workshop for partners in a committed relationship. The curriculum includes tools for conflict resolution, understanding different personality styles, and empathic listening. You are welcome to bring your lunch. **Note:** Both partners must attend.

EFMP Sensory Friendly Movie: 3 March, 1700-1900 @ the King Auditorium. Sensory Friendly means sound kept low / lights dim, not dark. Call 884-6830/8819 to sign up.

EFMP Installation Orientation: 16 March, 1330-1500 @ the M&FRC. Information to EFMP families presented by EFMP Family Support, Medical and Assignments. Reservations required. Please call 884-5441.

EFMP Network Group: 27 March, 0800 - 0900 & 1400 - 1500 @ the Chapel. EFMP members and family members (includes AD, ANG/Reserve, Retirees, and Civilians who have base access) meeting together to support one another by sharing program information, resources, and experiences.

EFMP - Cultivating Resiliency Through Succulents: 14 March, 0930-1130 & 20 March, 1300-1500 @ the M&FRC. Participants learn how to plant, nurture, and grow succulents to improve sensory adaptation, learn stress-relief techniques, and improve mental and emotional health by learning self-care and social interaction skills. Please call 884-6830/8819 to sign up.

Spouse Transition and Readiness (STAR) : 22 March, 0830-1300 @ the M&FRC. Provides spouses of transitioning members the skills and knowledge necessary to plan and prepare for all aspects of transition.

RELOCATION

Coffee & Connections— Welcome Spouse: 30 March, 1030-1200 @ the M&FRC. A networking opportunity for spouses to get together and learn about Hurlburt Field resources.

Sponsorship Training: 2, 16, and 23 March 1530-1615 @ the M&FRC. Designed to provide sponsors with the tools for effective sponsorship of Airmen and families.

Plan My Move: 3 March, 1400-1500 @ the M&FRC. Tips and tools for Airmen and their families PCS'ing CONUS or OCONUS, and if you fall into one of these four categories: (1) Less than 4 years of military service, (2) First time PCS, (3) First time overseas PCS, and (4) First time Remote PCS. Satisfies financial touchpoint "Permanent Change of Station."

Newcomer's Orientation: 14 & 28 March, 0730-1200 @ the King Auditorium. **Mandatory briefing for all new personnel assigned to Hurlburt Field.** Class covers base required material, local laws, fulfills several in-processing requirements, and provides other helpful resources.

SPECIAL OFFERING

Panhandle Job Fair: 15 March, 1000-1400, held virtually and in person @ First Baptist Church in FWB. Free and open to the public. Attendees are encouraged to bring copies of resumes and dress professionally. For more information, visit www.panhandlejobfair.com/

Note: Classes are subject to change without notice. Please call the M&FRC at 884-5441 to verify time, location, or to sign up!