

Military & Family Readiness Center

November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>30</p> <p>Legend: <u>DEPLOYMENT</u> <u>EMPLOYMENT</u> <u>FAMILY & KIDS</u> <u>RELOCATION</u> <u>TRANSITION</u> <u>FINANCE</u> <u>SPECIAL</u></p>	<p>31</p>	<p>1</p> <p>Newcomer's Orientation (IP) 0730-1200 Reintegration Brief (IP) 1300-1330</p>	<p>2</p> <p>Pre-Deployment Brief (V) 0800-0900 STAR: Spouse Transition and Readiness (IP) 0830-1300 Credit Ins & Outs (IP) 1300-1430</p>	<p>3</p> <p>Pre-Separation Brief (IP) 0800-1000 Reintegration Brief (V) 1300-1330 Pre-Separation Brief (IP) 1400-1600</p>	<p>4</p> <p>Plan My Move (IP) 1400-1500</p>	<p>5</p>	
		<p>Career Credential Exploration Track (IP) 0800-1600</p>					
	<p>7</p> <p>Bundles for Babies (IP) 0900-1100 Marriage—Financial Readiness (IP) 1300-1430</p>	<p>8</p> <p>Sponsorship Training (V) 0745-0830 Resume Readiness (IP) 0900-1100 Reintegration Brief (IP) 1300-1330</p>	<p>9</p> <p>Pre-Deployment Brief (IP) 0800-0900 VA Women's Open Forum (IP) 0900-1100 Welcome Spouse (IP) 0930-1230</p>	<p>10</p> <p>7 Habits of Highly Effective People—One Day (IP) 0800-1600 Reintegration Brief (V) 1300-1330 Sponsorship Training (IP) 1530-1615</p>	<p>11</p> <p>CLOSED</p> 		
	<p>14</p> <p>CLOSED SAFETY DAY</p>		<p>15</p> <p>Newcomer's Orientation (IP) 0730-1200 Reintegration Brief (IP) 1300-1330</p>	<p>16</p> <p>Pre-Deployment Brief (V) 0800-0900 First Duty Station Officer Briefing (V) 0900-1030</p>	<p>17</p> <p>Reintegration Brief (V) 1300-1330</p>	<p>18</p> <p>Plan My Move (V) 1400-1500</p>	<p>19</p> <p>HEARTS APART EVENT — Gulf Breeze Zoo 0930 Key Spouse - Emotional Intelligence (IP) 0900-1100</p>
		<p>DOL EDUCATION TRACK (IP) 0800-1600</p>		<p>Transition Assistance Program (TAP) (IP) 0800-1600</p>		<p>DOL EMPLOYMENT TRACK (IP) 0800-1600</p>	
	<p>21</p> <p>MEB Orientation (IP) 0800-0930</p>	<p>22</p> <p>Sponsorship Training (V) 0745-0830 Reintegration Brief (IP) 1300-1330</p>	<p>23</p> <p>Pre-Deployment Brief (IP) 0800-0900 The Art of the Interview (IP) 0900-1100</p>	<p>24</p> <p>CLOSED</p> 		<p>25</p> <p>CLOSED SAFETY DAY</p>	
		<p>29</p> <p>Newcomer's Orientation (IP) 0730-1200 Reintegration Brief (IP) 1300-1330</p>	<p>30</p> <p>Pre-Deployment Brief (V) 0800-0900 Home-Buying Seminar (IP) 1030-1200</p>				
	<p>TRANSITION ASSISTANCE PROGRAM (TAP) (IP) 0800-1600</p>						

Calendar is subject to change without notice. Please call 884-5441 to register and confirm event. Current as of 19 Oct 2022

Virtual Classes

PERSONAL FINANCE

First Duty Station Officer Briefing: 16 November, 0900-1030, held virtually. **Mandatory** financial readiness briefing for officers assigned to their first duty station. Please call to sign-up for the class and to receive the virtual link, call 884-5441.

DEPLOYMENT RELATED

Reintegration Brief: Thursdays 1300-1330, held virtually. Required briefing for those returning from deployments.

Pre-Deployment Brief: 2, 16, & 30 November, 0800-900, held virtually. Required briefing for members preparing for deployment.

RELOCATION

Sponsorship Training: 8 & 22 November, 0745-0830, held virtually. Designed to provide sponsors with the tools for effective sponsorship of Airmen and families.

Plan My Move: 18 November, 1400-1500, held virtually. Tips and tools for Airmen and their families PCS'ing CONUS or OCONUS, and if you fall into one of these four categories: (1) Less than 4 years of military service, (2) First time PCS, (3) First time overseas PCS, and (4) First time Remote PCS. Satisfies financial touchpoint Permanent Change of Station."

November 11, 2022



NOVEMBER 24, 2022



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In-Person Classes

TRANSITION CLASSES

Career Credential Exploration Track (2 Day): 31 October-1 November, 0800-1600 @ the M&FRC. Workshop offers a unique opportunity for participants to complete a personalized career development assessment of occupational interest and ability. Participants will also be guided through a variety of career considerations, including labor market projections, education, apprenticeships, certifications, and licensure requirements.

Pre-Separation Briefing: 3 November, 0800-1000 or 1400-1600 and 17 November, 1400-1600 @ the M&FRC. Congressionally mandated briefing for transitioning members. Contact your Capstone Counselor to sign up. For those receiving an **Admin discharge**, contact your Capstone Counselor to arrange a 1-1 briefing.

VA Women's Open Forum: 9 November, 0900-1100 @ the M&FRC. A comprehensive explanation of VA benefits for the Veteran Woman to know they are taken care of in the VA hospitals and clinics with a Woman's Section. A venue where women can ask other Veteran Women health and trauma questions as well as meet Veterans Women Advocates.

DOB Education Track (2 Day): 15-16 November, 0800-1600 @ the Education Center. A 2 day workshop to help you identify an education path to success.

DOD Transition Day (1 Day): 15 & 29 November, 0800-1600 @ the M&FRC. Topics for discussion: Financial Planning, MOC Crosswalk, Resiliency, Mentoring, and Employment Panel. A briefing on TRICARE and the AF Reserve will also be available from 1330-1500 hrs.

Department of Labor (DOL) One-Day Employment (1 Day): 16 & 30 November, 0800-1600 @ the M&FRC. Employment fundamentals for Career Transition (EFT) to help members understand the labor market and various job search techniques.

Department Of Labor (DOL) Employment Track (2 Day): 17-18 November, 0800-1600 @ the M&FRC. This workshop covers all aspects of the job searching, resume, interviewing, and dress for success.

MEB Orientation: 21 November, 0800-0930 @ the M&FRC. This orientation is intended to assist members going through the medical board process. It will provide information and resources to help them navigate the transition process.

VA Benefits and Services (1 Day): 28 November, 0800-1600 @ the M&FRC. Learn about VA entitlements upon separating or retiring from service.

DEPLOYMENT RELATED

Reintegration Brief: Tuesdays, 1300-1330 @ the M&FRC. Required briefing for those returning from deployments.

Pre-Deployment Brief: 9 & 23 November, 0800-0900 @ the DCC. Required briefing for members preparing for deployment.

Hearts Apart Event—Gulf Breeze Zoo: 19 November, 0930 @ the Gulf Breeze Zoo. Deployed-affected families will have the opportunity to learn about various animals through a one-on-one animal presentation, plus a guided train tour of the preserve. This event is open to all ages. Families are eligible to participate as of the "date of issue" on the deployed/remote service member's orders, and up to one year after the member's return. Email brooke.scott@us.af.mil to sign up.

EMPLOYMENT RELATED

Resume Readiness: 8 November, 0900-1100 @ the M&FRC. The class will teach the tools to create a resume that will get you to the interview for your desired job.

The Art of the Interview: 23 November, 0900-1100 @ the M&FRC. The class provides a first-hand look at what is expected during the interview process, before, during, and after. A course discussion on "dressing for success" will also be included.

PERSONAL FINANCE

Credits in and Outs: 2 November, 1300-1430 @ the M&FRC. Designed to help learners establish and maintain good credit, review credit reports for accuracy, develop strategies for increasing scores and avoid excessive debt.

Marriage—Financial Readiness: 7 November, 1300-1430 @ the M&FRC. The course is intended to provide awareness for couples on the importance of effective preparation, communication and collaboration in achieving financial fitness and reaching financial goals. Also includes a section on preparing financially for divorce.

Home-Buying Seminar: 30 November, 1030-1200 @ the M&FRC. Discusses the ins and outs of home-buying and how to prepare for this big decision.

FAMILY & KIDS

Spouse Transition and Readiness (STAR) : 2 November, 0830-1300 @ the M&FRC. Provides spouses of transitioning members the skills and knowledge necessary to plan and prepare for all aspects of transition.

Bundles for Babies: 7 November, 0900-1100 @ the M&FRC. The class provides financial awareness in the cost of raising a child and information on community programs and resources. Active Duty AF members or their spouses in attendance will receive a \$50 AAFES gift card.

7 Habits of Highly Effective—One Day Course: 10 November, 0800-1600 @ the M&FRC. Presents an approach to mastering self management and enhancing personal and professional relationships.

Key Spouse—Emotional Intelligence: 19 November, 0900-1100 @ the M&FRC. Key Spouses— become aware of your emotions and how to be more effective in your personal and professional relationships.

RELOCATION

Newcomer's Orientation: 1, 15, & 29 November, 0730-1200 @ the King Auditorium. **Mandatory briefing for all new personnel assigned to Hurlburt Field.** Class covers base required material, local laws, fulfills several in-processing requirements, and provides other helpful resources.

Plan My Move: 4 November, 1400-1500 @ the M&FRC. Tips and tools for Airmen and their families PCS'ing CONUS or OCONUS, and if you fall into one of these four categories: (1) Less than 4 years of military service, (2) First time PCS, (3) First time overseas PCS, and (4) First time Remote PCS. Satisfies financial touchpoint "Permanent Change of Station."

Sponsorship Training: 10 November, 1530-1615 @ the M&FRC. Designed to provide sponsors with the tools for effective sponsorship of Airmen and families.

Note: Classes are subject to change without notice. Please call the A&FRC at 884-5441 to verify time, location, or to sign up!